

SOUTHEAST TENNESSEE VISITOR GUIDE



Travel SOUTHEAST
TENNESSEE



SOUTHEASTTENNESSEE.COM

SOUTHEAST TENNESSEE DEVELOPMENT

DEPART FROM LIFE'S A BORE. ARRIVE AT ADVENTURE AND MORE.

How about a change of pace? Here's just the place: Chattanooga! From hiking, biking, cycling, and paddleboarding, to food stops, festivals, music, and more. There's no place like it. And, with Chattanooga Airport's convenient access to local scenic sights, downtown dining, and city lights, you'll get to your destination in no time. Book your flight now and enjoy the time of your life.

Time Flies When You Fly With Us.

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CHATTANOOGA
AIRPORT
ChattAirport.com



SOUTHEAST TENNESSEE VISITOR GUIDE

The Southeast Tennessee Visitor Guide is your roadmap to explore all the places and natural spaces in the Chattanooga region of Southeast Tennessee. We've gathered the best hiking, biking, cycling, and water adventures, as well as food stops, festivals, music, and historic sites to help you plan your visit.

Locals and travelers find Southeast Tennessee to be one big outdoor adventure. The region is home to one of the premier whitewater rivers in the United States, the Ocoee River, and has become a capital for rock climbing in the South. We boast more than 50 waterfalls, and our rivers and streams are globally significant for aquatic life and diversity. All this, within one of the most beautiful settings on earth.

While here, you'll find that the spirit of the people in Southeast Tennessee is warm and welcoming, and there are plenty of opportunities for shopping and culinary adventures at locally owned food stops. Our communities invite you to visit and enjoy country cooking, small-town charm, music, and a rich cultural heritage that set the stage for who we've become today.

We hope this guide will help you find your adventure in the region - and be sure to check out our website at SoutheastTennessee.com.

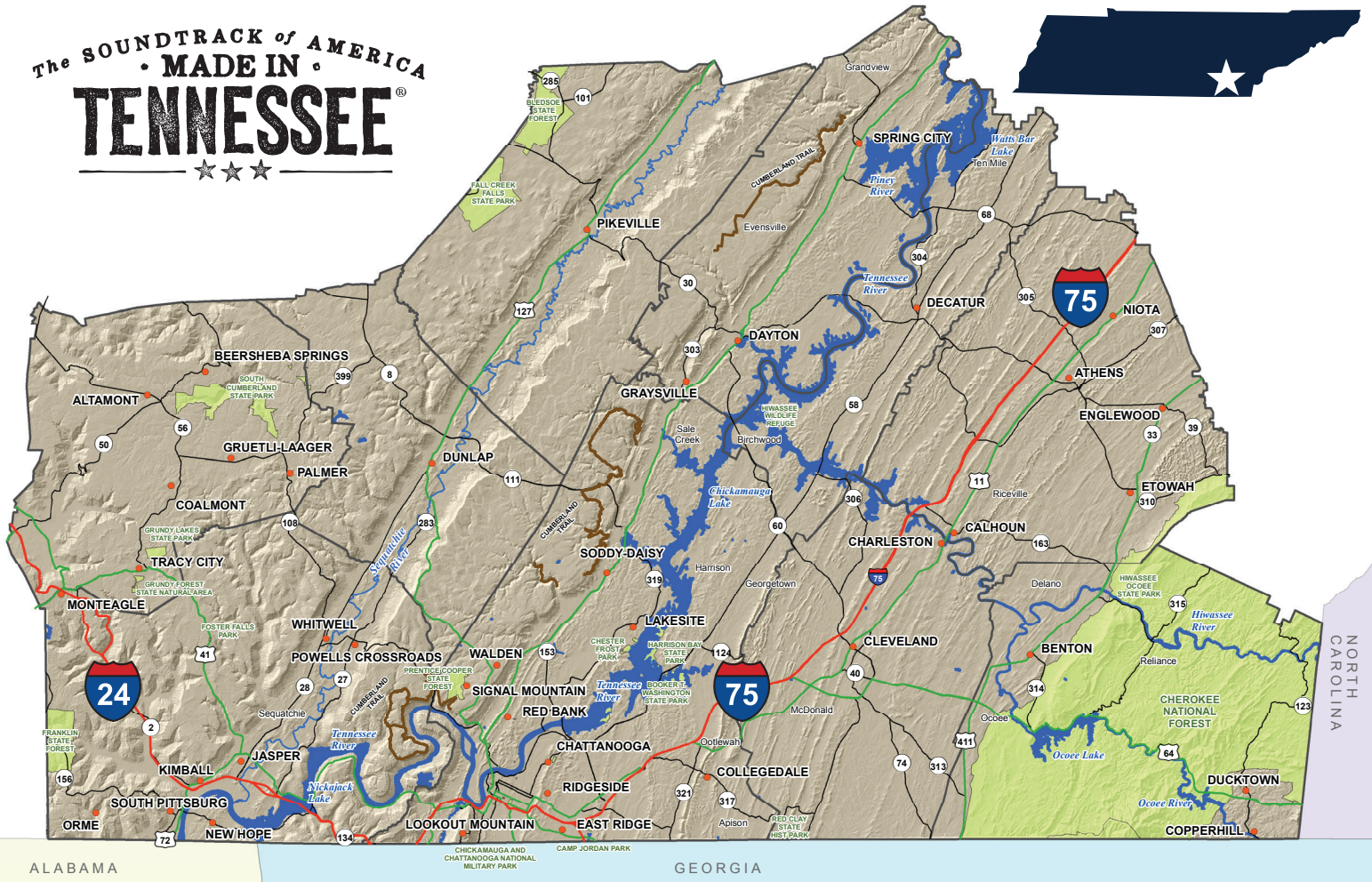


Amy Anderson

is the Tourism Coordinator with the Southeast Tennessee Tourism Association, which is part of the Southeast Tennessee Development District. She is an avid traveler, food enthusiast, and novice canoeist who works to promote and develop tourism efforts in the region. For questions about editorial or advertising content, contact her at: aanderson@sedev.org



WELCOME TO #SOUTHEASTTN



The SOUNDTRACK of AMERICA
MADE IN
TENNESSEE
☆☆☆



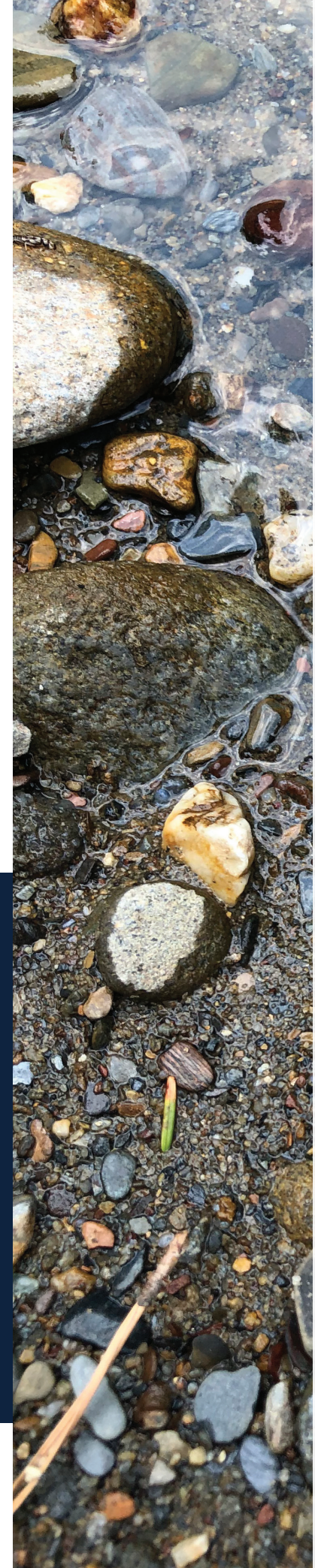
Photo: Chuck Hammonds, Executive Director, at the Southeast Tennessee Development District.

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SOUTHEAST TENNESSEE DEVELOPMENT
sedevo.org

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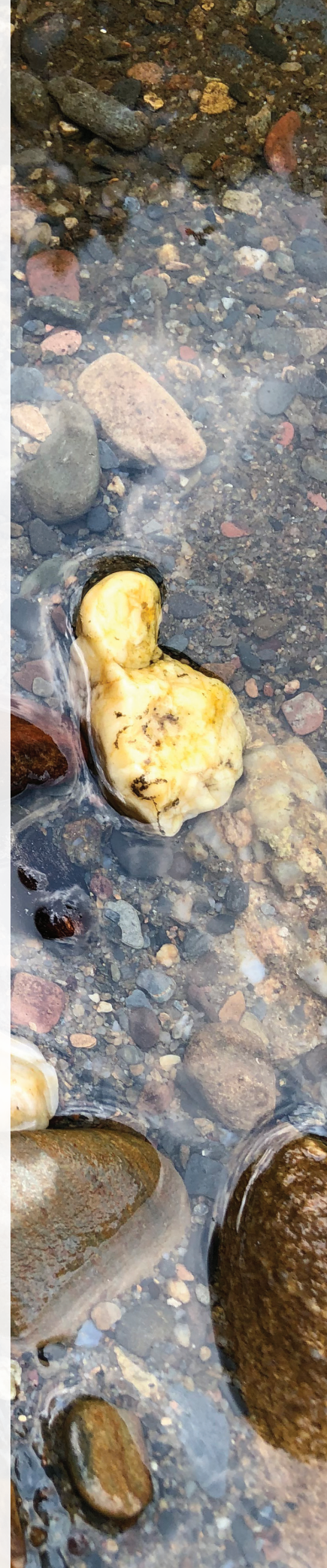
The Southeast Tennessee Development District, located in Chattanooga, TN, is the designated regional planning agency and council of governments for the 10 counties of Southeast Tennessee. The agency provides staffing resources to local governments to deliver programs and services in three core areas: Community & Economic Development; Aging & Disability Programs; and Career & Workforce Development. The district's work is accomplished by utilizing local, state, federal and private funds. The Southeast Tennessee Tourism Association is a part of Community & Economic Development within the agency. To learn more, visit www.sedevo.org.

**SOUTHEAST TENNESSEE
TOURISM ASSOCIATION**



VISITOR GUIDE

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Festivals & Events



There is always something to celebrate in Southeast Tennessee: country cooking, artisans and musicians, a rich cultural history, small-town charm and the beauty of the natural landscape. Celebrate the region at these annual festivals that take place year-round.

SOUTHEASTTENNESSEE.COM

JANUARY

First Day Hikes
Tennessee State Parks
Tnstateparks.com

Lookout Wild Film Festival
Walker Theater
399 McCallie Ave.
Chattanooga, TN
lookoutfilmfestival.org

Tennessee Sandhill Crane Festival
Birchwood Community Center,
Hiwassee Wildlife Refuge & Cherokee
Removal Memorial Park
5623 Hwy. 60, Birchwood, TN
tn.gov

FEBRUARY

Tennessee Songwriters Week
tnvacation.com/songwriters-week

MARCH

Ocoee River Whitewater Season
Season Opens: March
Season Ends: October
timetoraft.com

Rock the Riverfront
140 Riverfront Pkwy.
Chattanooga, TN
rivercitycompany.com/rock

Sequatchie Valley Scenic Byway Cruise-In
2nd Saturday - Dunlap - Main St.
3rd Saturday - Powell's Crossroads - Main St.
sequatchievalleyscenicbyway.com

Spring Break Safari
Chattanooga, TN
VisitChattanooga.com/spring

APRIL

Bessie Smith Big 9 Roots Festival
200 MLK Blvd., Chattanooga, TN
Bessiesmithcc.org

4 Bridges Arts Festival
1826 Reggie White Blvd., Chattanooga, TN
avarts.org

Sequatchie Valley Scenic Byway Cruise-In
4th Saturday - Crossville - Main St.
sequatchievalleyscenicbyway.com

APRIL

Spring Wildflower Pilgrimage
Great Smoky Mountains
2009 Village Camp Rd., Spencer, TN
423-881-3297
wildflowerpilgrimage.org

Trails & Trilliums Festival
DuBose Conference Center and South
Cumberland State Park
76 Assembly St., Monteagle, TN | 931-924-2623
Trailsandtrilliums.org

National Cornbread Festival
South Pittsburg, TN | 423-837-0022
Nationalcornbread.com

Sweet Tea & Sunshine Family Festival & Craft Fair
Greenway Park & Pavilion
755 Raider Dr., Cleveland, TN | 423-650-1388
VisitClevelandTN.com
touchtheskyevents.com

Polk County Ramp Tramp Festival
Camp McCroy
1058 Hwy. 30, Reliance, TN | 423-338-4503
Ramptrampfestival.com

MAY

**Hiwassee River Scenic River & Blueway
Recreation Season**
Season Opens: May
Seasons Ends: October
(weekends only Sept.-Oct.)

More than a bank



Our interactive teller machines (ITMs) in the drive-thru are open Monday through Saturday from 7 a.m. to 7 p.m. No bank around here can match that. Give us a try and find out how much more than a bank we can be.



tvfcu.com | 423-634-3600 | Federally insured by NCUA | Equal housing lender |



JUNE

Sounds of Summer Concert Series - Athens Market Park Pavilion
Saturday nights (June-August)
106 S. Jackson St., Athens, TN
Willsonthropic.org

MooFest & Tennessee Wetlands Festival
E.G. Fisher Public Library
1289 Ingleside Ave., Athens, TN | 423-745-7782

Riverbend
201 Riverfront Pkwy., Chattanooga, TN
423-756-2211
riverbendfestival.com

JULY

Nokia Tires Summer Nights Music - Dayton
Rhea County Courthouse Lawn
Friday nights in July
1435 Market St., Dayton, TN | 423-680-9896
rheaheritage.com

Dunlap 4th of July Parade
Downtown Dunlap, TN
VisitSequatchieValley.com

JULY

Etowah's Old-Fashioned 4th of July Celebration @ the L&N Depot Museum
727 Tennessee Ave., Etowah, TN | 423-263-7840
Cityofetowah.tn.com

Miners Homecoming Days
Ducktown Basin Museum
212 Burra Burra St., Ducktown, TN | 423-496-5778
Ducktownbasinmuseum.com

Calhoun River Town Festival
Hiwassee Meadowland Park & Hiwassee Blueway
746 Hwy. 163, Calhoun, TN
Calhounrivertown.com

Blue Springs Valley Singing
150 Bryson Ln., Cleveland, TN
Singingechoes.com

Scopes Play & Bluegrass Festival
Historic Rhea County Courthouse
1435 Market St., Dayton, TN | 423-775-9847
Scopesfestival.com

Swiss Heritage Festival
Stoker-Stampfli Farm Museum
Swiss Colony Cemetery Rd., Gruetli-Laager, TN
swisshistoricalsociety.org

MAY

Sequatchie Valley Scenic Byway Cruise-In
1st Saturday - Pikeville - Main St.
sequatchievalleyscenicbyway.com

Hiwassee Loop Train Rides
Tennessee Valley Railroad Museum
9406 Hwy. 411, Delano, TN | 423-894-8028
Tvarail.com

Nightfall Free Concert Series (May-Sept)
Friday Nights - Miller Park, Chattanooga, TN
Nightfallchattanooga.com

Valley Fest
15643 Rankin Ave., Dunlap, TN | 423-593-1444
Valleyfestonline.com

Tennessee Strawberry Festival
107 Main St., Dayton, TN | 423-775-0361
Tnstrawberryfestival.com

Sounds of Summer Concert Series - Athens Market Park Pavilion
Saturday nights (May-October)
106 S. Jackson St., Athens, TN
Willsonthropic.org



Let's adventure, Y'all!

SOUTHEAST TENNESSEE



Near Chattanooga, your road to adventure winds in and around Cleveland and Charleston, Tennessee. Nestled in the foothills of the Cherokee National Forest, Cleveland is the perfect place to rest and refuel after soaking in river and mountain adventures, discovering compelling Cherokee history or drinking in stunning mountain views at local wineries. Find your adventure here, y'all!

Request a FREE visitors guide.

VisitClevelandTN.com



Always the Last Full Weekend in April



SOUTH PITTSBURG, TN
NATIONALCORNbread.COM

/NATIONALCORNbreadFESTIVAL
@NATIONALCORNbreadFESTIVAL
@CORNBREAD_FEST



JULY

Monteagle Mountain Market for Arts & Crafts
Hannah Pickett Park
16 Dixie Lee Ave., Monteagle, TN | 931-924-5353
Facebook@MonteagleMountainMarket

Ocoee River Jam
599 US-64, Ocoee, TN
OcoeeRiverJam.com

AUGUST

Sounds of Summer Concert Series
Athens Market Park Pavilion
Saturday nights (June-August)
106 S. Jackson St., Athens, TN
Willsonthropic.org

Hwy. 127 - World's Longest Yard Sale
Follows US-127 through Southeast Tennessee
127yardsale.com

Beersheba Springs Arts & Crafts Fair
Beersheba Springs Assembly Grounds
55 Hege Ave., Beersheba Springs, TN | 931-692-3669
mainstreetdayton.org

SEPTEMBER

Moon River Festival
Coolidge Park
Chattanooga, TN
moonriverfestival.com

International Cowpea Festival & Cook-Off
Charleston City Park, Charleston, TN | 423-472-6587
Cowpeafestival.com

Niota Fried Green Tomato Festival
Niota Depot
201 Main St., Niota, TN | 423-568-2584
cityofniota.org

OCTOBER

Cycle Sequatchie
Sequatchie Valley, TN
CycleSequatchie.com

Downtown Halloween Black Party
Courthouse Square, Cleveland, TN
mainstreetcleveland.com
423-479-1000

Fall Foliage Cruises on the Southern Belle
(Oct-Nov)
Chattanooga Riverboat Co.
151 Riverfront Pkwy., Chattanooga, TN
Chattanoogariverboat.com

OCTOBER

Fannie Moffitt Autumn Stomp
Altamont, TN | 931-924-5353
Facebook@FannieMoffittAutumnStomp

Pumpkintown Festival
@ Market Park Pavilion
106 S. Jackson St., Athens, TN | 423-744-2702
friendlycityfestivals.com

Cleveland Apple Festival
155 N. Ocoee St., Cleveland, TN | 423-479-1000
Clevelandapplefestival.org

Ketner's Mill Country Arts Fair
658 Ketner Mill Ln., Whitwell, TN | 423-267-5702
Ketnersmill.org

Historic Fort Hill Cemetery Walking Tour
Fort Hill Cemetery
92 Oak St. SW, Cleveland, TN | 423-472-6967
Leeuniversity.edu

Pumpkinfest
Rhea County Courthouse
1435 Market St., Dayton, TN
423-775-9847
mainstreetdayton.org

NOVEMBER

Red Clay Cherokee Cultural Celebration
Red Clay State Historic Park
1140 Red Clay Park Rd. S., Cleveland, TN
423-478-0339
Tnstateparks.com

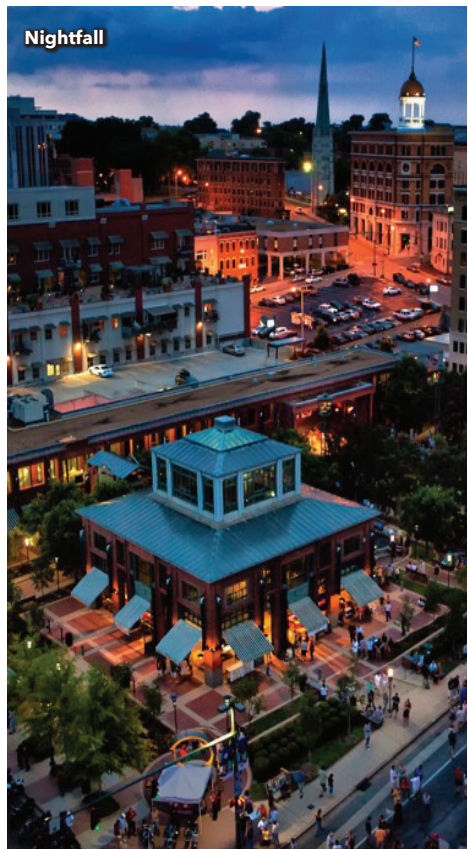
Winter Wonderland at the Chattanooga Choo Choo (Nov-Jan)
1400 Market St., Chattanooga, TN
Choochoo.com/holidays



DECEMBER

Christmas at Red Clay
Red Clay State Historic Park
1140 Red Clay Park Rd., SW, Cleveland, TN
423-478-0339
Tnstateparks.com

Downtown Cleveland Christmas Parade
Downtown Cleveland
mainstreetcleveland.com



Nightfall

Music



The twang of the banjo, the drawl of the fiddle, harmonic spirituals, and heart-wrenching storytelling ballads - these are the sounds of Southeast Tennessee. Musical roots run deep here, and a new generation of musicians is building upon that foundation.

The Caverns

Photo: Sean Fisher - @mr.bootstraps

SOUTHEASTTENNESSEE.COM



THE CAVERNS

Home of *Bluegrass Underground*

555 Charlie Roberts Rd, Pelham, TN
931-516-9724
thecaverns.com

In a timeless valley near the base of the South Cumberland Plateau in Southeast Tennessee, you'll find The Caverns—a jaw-dropping concert hall located deep underground.

The Caverns is home to the Emmy Award winning PBS television series, *Bluegrass Underground*. With a concert calendar that spans all genres of musical expression, The Caverns draws music fans from all over the world. Live music inside a cave - it's a bucket list experience that keeps fans coming back to The Caverns time and again for "The Greatest Show Under Earth."

In 2022, The Caverns opened The Caverns Amphitheater, with stunning views of the Cumberland Plateau. There is reserved chair seating in front of the stage for most shows. The natural grade of the mountainside allows for a great view from every spot and guests are welcome to bring their own chairs or blankets for general admission. New concessions and restrooms have been added, and space for food trucks and pop-up bars can host crowds of up to 5,500 guests. The cave operates year-round, and there are cave tours from chill to challenging in addition to the music. In the summer, Camp Caverns offers kids 8-13 the chance to explore, discover, and create above and underground.

The cave is equipped with state-of-the-art sound and lights, restrooms, and delicious food and beverage concessions, including craft beer, wine and cocktails. The gentle slope of the room and its smooth concrete floor make the venue accessible to music fans with mobility concerns or physical disabilities, as well.



SONGBIRDS FOUNDATION

located in Chattanooga Choo Choo
35 Station St, Chattanooga, TN
423-531-2473
songbirdsfoundation.org

Located in the Historic Chattanooga Choo Choo depot building, Songbirds is an interactive learning experience and live music venue featuring historic exhibits that spotlight Chattanooga's vibrant musical history, especially how the guitar helped shape pop culture history in the heart of Chattanooga's Southside district.

Between the 1920's and 1950's, 9th Street (now MLK Boulevard) was a thriving entertainment district known as The Big 9, and its clubs played host to Duke Ellington, Ella Fitzgerald, Lois Armstrong, and Chattanooga's own Blues Queen, Bessie Smith.

Songbirds is now home to many of the most famous guitars, belonging to Loretta Lynn, Duane Allman, John Entwistle, and pioneering electric guitarist Mary Kaye, housed in a self-guided museum. All revenue generated from The Songbirds Museum will further the "Guitars for Kids" program, providing students across the South with free guitars, music lessons, and in-depth music therapy.



JIM OLIVER'S SMOKE HOUSE

850 W Main St, Monteagle, TN
800-489-2091
thesmokehouse.com

Jim Oliver's Smoke House is located within the heart of the South Cumberland Plateau, which is home to Tennessee's largest state park, South Cumberland State Park. This comfy restaurant and lodge offers Southern fare, cabin rentals and lodging, live music each weekend, and easy access to miles of hiking, waterfalls, scenic views, and rock climbing adventures.

Since 1960, visitors have stopped by Jim Oliver's Smoke House to enjoy Southern cooking inspired by generations of family cooks.

Every Friday and Saturday night, the Smoke House hosts Music on the Mountain (7-10:30 pm Central Time). Each show features some of Nashville's legendary and up-and-coming songwriters and musicians. Performers share songs they've written and the stories behind the music - especially if a major artist has recorded the song.

Music on the Mountain offers cabaret-style seating in a comfortable music room attached to the restaurant. Food and beverages are served during the show. All shows are family-friendly and free to the public.

Visit TheSmokehouse.com for the weekly schedule.



TIVOLI THEATRE

709 Broad St, Chattanooga, TN
423-757-5580
tivolichattanooga.com

The Tivoli Theatre, known as "The Jewel of the South," has entertained Chattanoogaans and visitors for over 90 years, offering everything from silent movies to Broadway shows. Located downtown on Broad Street, the Tivoli opened its doors in March of 1921.

In 1924, a \$30,000 Wurlitzer organ was installed. In 1926 the Tivoli became one of the first public buildings in the country to be air-conditioned. Throughout the 20s, 30s, and 40s, the Tivoli was Chattanooga's premiere entertainment venue. However, in the 50s, the birth of television put the Tivoli on hard times. The theater fell into disrepair and was almost demolished, but in 1962, a grant from Chattanooga's Benwood Foundation saved the theater and the Tivoli was placed on the National Register of Historic Places.

The Tivoli is one of Chattanooga's three historic theaters, partnering with The Walker Theater and Soldiers and Sailors Memorial Auditorium to hold many events at one time. The Tivoli now hosts world renowned musicians, comedians, and Broadway performances, and is host to the Chattanooga Symphony and Opera and the Chattanooga Ballet.

MOUNTAIN OPRY

Bachman Community Center
2815 Anderson Pike, Signal Mountain
423-664-3280
visitchattanooga.com/event/the-mountain-opry

The Mountain Opry is a live stage performance featuring bluegrass, county, gospel, and Americana music. The event is held every fourth Saturday from 6:00 -9:00 PM EST. Admission is free but a \$5 donation at the door is appreciated to pay for the sound system, electricity, and other Opry expenses.

The Opry began in 1979, and before the pandemic, had only been cancelled twice, for bad weather. The performers, from around the region, gather ahead of time in small clusters backstage, or out under the trees when the days are long and the weather warm. You are welcome to bring food or enjoy some BBQ from King's Pig BBQ food truck. They tune their instruments and share songs, awaiting their turn on stage. Jammers are encouraged to bring their instruments and play in the side picking rooms.





ORCHARDS & FARMS



Apple Valley Orchard
 351 Weese Rd. SE, Cleveland, TN
 423-472-3044
 applevalleyorchard.com
 Seasonal hours of operation.
 Family-owned apple orchard, bakery and gift shop recently named one of the "Best Apple Orchards in Tennessee" by *Southern Living* magazine. Check the website for seasonal events. Group / student tours available by appointment.

Crabtree Farms
 1000 E. 30th St., Chattanooga, TN
 423-493-9155
 crabtreefarms.org
 Come pick your own tulips, strawberries, sunflowers, and wildflowers in season. Professional photographers are welcome as well for a daily admission price or season pass. Keep up with weather closures on their social media.

Fairmount Orchard
 2204 Fairmount Pike, Signal Mountain, TN
 423-886-1226
 Facebook@Fairmount Orchard, Inc.
 Seasonal hours of operation.
 Stop in to this small family-owned orchard for fresh cider and a bag of apples grown on-site.

High Meadows Farm
 421 Sally Branch Rd., Tracy City, TN
 931-212-8317
 Facebook@highmeadowstracy
 Pick your own daffodils, blueberries, and wildflowers on the beautiful Cumberland Plateau.

Little Trails Farms
 280 Leilani Ln., Dunlap, TN
 423-455-2136
 littletrailsfarms.com
 Stay and play and reconnect on this 50 acre family farm on the Cumberland Plateau. Tiny homes or small loft can be rented to stay on the property as well.

Lorenzen Family Farm
 1374 New Bethel Rd., Dayton, TN
 423-883-4400
 We provide everything you need for picking! Tulips (March & April), Sunflowers/Wildflowers (July & August) \$5 per person entrance fee includes a bouquet of flowers. Children 10 and under are free.
 lorenzenfarm.carrd.co
 Seasonal hours of operation.

Ocoee Riverside Farm
 1087 Reynolds Bridge Rd., Benton, TN
 423-241-3738
 ocoeeriversidefarm.com
 This thirty-acre riverfront farm offers farm events and experiences including farm tours, horseback riding, camel rides, and water adventures. The farm features lodging in their two-story riverside cabin, one of three covered wagons, or a barn loft.

Oren Wooden's Apple House
 6351 New Harmony Rd., Pikeville, TN
 423-447-6376
 Woodensapplehouse.com
 Seasonal hours of operation.
 The region's oldest continuously operated apple house, Wooden's grows and sells apples, pumpkins and a host of other fruits and vegetables. Enjoy lunch and delicious fried pies at Oren's Orchard Cafe. Group tours available by appointment.

Sequatchie Cove Farm
 320 Dixon Cove Rd., Sequatchie, TN
 423-942-9201
 sequatchiecovefarm.com
 Trading post open on Saturdays. Pick your own options: Blueberries.
 Family farm in the beautiful Sequatchie Valley, specializing in pasture-raised beef and lamb, forested pork, chicken, eggs, seasonal vegetables, shiitakes and native plants.

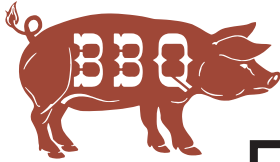


Wheeler's Orchard & Vineyard
 956 Wheeler Rd., Dunlap, TN
 423-949-4255
 wheelersorchard.com
 Seasonal hours of operation.
 Pick-your-own options: blueberries (July-Sept.) and grapes (August).
 This family-owned orchard and vineyard on Fredonia Mountain focuses on sustainably grown apples and produce. Be sure to try their fresh cider and other homemade treats.

Local FOOD

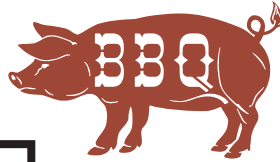


Enjoy some of Southeast Tennessee's most flavorful stops during your visit. We've rounded up some of the region's best locally-owned food stops, whether you're in the mood for barbecue, fried chicken, a unique atmosphere, or some Southern homemade favorites loved by locals.



BARBECUE TRAIL

Southeast Tennessee



CHATTANOOGA AREA

Jordan's Bar-B-Q
910 Stuart Rd. NE, Cleveland, TN
423-478-2171
Kitsch-filled spot serving up classic pulled pork, ribs, stuffed potatoes and other comfort foods.

Stadium BBQ
773 Keith St. NW, Cleveland, TN
423-790-0002 | StadiumBBQ.com
Enjoy Southern barbecue with all the fixings - and save room for their homemade fried pies.

Dave's Spiced Right BBQ
12914 TN-58, Georgetown, TN
423-961-9079
Barbecue (and more) that is notoriously "spiced right"

Edley's Bar-B-Que
205 Manufacturers Rd., Chattanooga, TN
423-498-2772
Banana pudding is considered a side dish at this Nashville-based barbecue institution.
edleysbbq.com

Nooga-Q Smokehouse Grill
301 Signal Mtn. Rd., Chattanooga, TN
423-752-1935
BBQ plates, sandwiches and more in a casual setting.

Shuford's Smokehouse
924 Signal Mtn. Rd., Chattanooga, TN
423-267-0080 | Shufordsbbq.com
Shuford's offers classic Southern barbecue, including smoked meats, traditional sides and their famous homemade banana pudding.

Sugar's Ribs
2450 15th Ave., Chattanooga, TN
423-826-1199 | Sugarsribs.com
Award-winning barbecue and ribs on historic Missionary Ridge overlooking downtown Chattanooga.



DAYTON

Banjo's BBQ
1410 Maley Hollow Rd., Dayton, TN
423-785-7606 | facebook@banjosbbq
Pork, chicken, ribs, brisket and the BOOMER - prepared with a special blend of 17 seasonings. All sauces made in-house.

SOUTH CUMBERLAND PLATEAU

Jim Oliver's Smoke House Restaurant
850 W Main St., Monteagle, TN
800-489-2091 | Thesmokehouse.com
Barbecue and Southern-style breakfast, lunch and dinner and buffet served at this landmark establishment on Monteagle Mountain. Fried pies and fudge are legendary.

Up in Smoke BBQ Café
10 W Main St., Monteagle, TN
931-212-4506
Facebook @Up in Smoke BBQ Café
Hickory smoked pulled pork and burgers.

SEQUATCHIE VALLEY

Jerome's Fine Swine & BBQ
13212 TN-28, Whitwell, TN
423-658-8550
Chicken and pork barbecue served with a variety of sides of sauces. Mac and pepperjack cheese is a crowd-pleaser.

Ramsey's BBQ
7096 Hwy. 28, Whitwell, TN
423-939-0433
Facebook @RamseysBBQ
Enjoy old-school barbecue and daily specials, as well as homemade desserts prepared daily.

Sequatchie Valley BBQ
7000 TN-28, Dunlap, TN
423-949-5900
A tiny place with Big BBQ.

Morgan Brothers BBQ
38408 US-127., Pikeville, TN | 423-447-6423
Facebook @morganbrothersbbq

WATTS BAR LAKE

Uncle Gus's Mountain Pit Bar-B-que
810 Peakland Rd., Decatur, TN
423-334-2487
unclegusbarbeque.com
Barbecue and American favorites in a fun, eclectic setting near Watts Bar Lake.

ATHENS-ETOWAH-ENLEWOOD

Michael's Casual Dining
Two locations:
925 Congress Pkwy. North, Athens, TN
423-649-0000
862 Tennessee Ave., Etowah, TN | 423-263-2603
Michaelsgreatfood.com
Sink your teeth into their fresh fall-off-the-bone, slow-cooked barbecue flavored with their own mix of herbs, spices and dry-rubbed seasonings.

Navarro's Smokehouse
3268 Hwy. 411, Englewood, TN
423-519-7665
Facebook@Navarrossmokehouse
Barbeque, ribs, wings, pulled pork served with all the Southern fixin's.

OCOEE & HIWASSEE RIVER CHEROKEE NATIONAL FOREST

Bradford's BBQ
1999 Grassy Creek Rd., Copperhill, TN
423-548-2723
Facebook @Bradford's BBQ
Enjoy slow-cooked barbecue at this restaurant / fireworks store in the Ocoee Basin.



Athens - Etowah - Englewood

Angela's Miami Grill
509 W. Madison Ave., Athens, TN
423-453-5064
Great Cuban food in Athens.
angelsmiamigrill.pizzamica.com

Dairy Barn
1108 Congress Pkwy. S., Athens, TN
423-745-2286
Tasty ice cream treats and fast food in Athens.
Seasonal hours.

Jenkins Grille & Market
411 S. Jackson St., Athens, TN | 423-745-7388
Jenkinsdeli.com
Sixties décor offering tasty rib-eye sandwiches, chicken salad, soups and more.

Lotus Thai Cuisine
420 S. White St., Athens, TN | 423-453-2152
lotusthaicuisine.net
Family-owned restaurant serving authentic Thai cuisine.

Maddie Mae's Café
10 S. White St., Athens, TN | 423-649-3627
maddimaescafe.com
Italian subs that never fail to impress - especially the salami.

Michael's Casual Dining - Two Locations
925 Congress Pkwy. North, Athens, TN
423-649-0000
862 Tennessee Ave., Etowah, TN
423-263-2603
Michaelsgreatfood.com
Sink your teeth into their fresh fall-off-the-bone, slow-cooked barbecue flavored with their own mix of herbs, spices and dry-rubbed seasonings.

Open Door Café
3 N. Jackson St., Athens, TN | 423-744-3020
Romantic setting in the historic Robert E. Lee Hotel featuring a Mediterranean menu.

Smalls Drive-In
802 S. White St., Athens, TN | 423-745-6650
Hamburgers the locals boast about.

Farmhouse Restaurant
1201 Ohio Ave., Etowah, TN | 423-263-3276
Facebook@Farmhouse Restaurant
Enjoy a porch rocker or shop in the country gift shop before enjoying this country-style restaurant offering homemade pies and cakes.



The Spot
257 County Rd. 802, Etowah, TN
423-351-3514
Unique stop for fish sandwiches and fried chicken.

Navarro's Smokehouse
3268 Hwy. 411, Englewood, TN | 423-519-7665
Barbeque, ribs, wings, pulled pork served with all the Southern fixins.

Tellico Junction Café
17 Main St., Englewood, TN | 423-887-7770
Facebook@Tellico Junction Café
Full breakfast buffet every morning - and don't miss the chocolate gravy and biscuits as part of their Saturday buffet.

CHEROKEE NATIONAL FOREST & OCOEE AND HIWASSEE RIVERS

Benton - Delano - Reliance Ocoee - Copperhill - Ducktown

Bakery on Main
6232 Hwy. 411, Benton, TN | 423-599-0656
bentonbakeryonmain.com
Beautiful and delicious cakes, cookies, fudge, pies sandwiches, soups, and breakfast! Sugar and gluten free options as well.

GG's Diner
5790 Hwy. 411, Benton, TN | 423-338-1322
facebook@gg'srestaurant
Home of the famous "Cathead Biscuit."

Myrtle's Café
1841 US-64 Hwy., Benton, TN
423-241-7704
Serving Breakfast, lunch and daily specials

The Old Country Porch
55790 Old Hwy 411, Benton, TN | 423-338-2118
Southern style home cookin'.

Reliance Fly & Tackle
588 Childers Creek Rd., Reliance, TN
423-338-7771
relianceflyandtackle.com
Oldest locally owned fly shop and country store in the area, serving smoked ribs and chicken dinners each weekend. Bagged fisherman lunches available.

Apricot Place Café
283 Hwy 64, Ocoee, TN | 423-299-9560
Facebook @apricotplacecafe
Breakfast, burgers, sandwiches, salads, and more.

PHILLIP WOODEN & SONS FARM MARKET



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CHEROKEE NATIONAL FOREST & OCOEE AND HIWASSEE RIVERS

Benton - Delano - Reliance Ocoee-Copperhill- Ducktown

Cajun Lady Seafood
3720 Hwy 411, Ocoee, TN | 423-435-3581
Facebook@CajunLadySeafoodOnTheRun
Best Cajun food you'll find outside of the bayou.

Ocoee Dam Deli
1223 US-64, Ocoee, TN | 423-338-8184
Facebook@ocoeeDamdelianddiner
Located near all the action on the Ocoee River, this popular stop serves American favorites with a touch of the South.

Los Poblanos
4133 US-411, Ocoee, TN | 423-338-3983
Facebook @Los Poblanos
Authentic south of the border taste!

The Bus Bar & Grill
522 TN-64 Hwy., Ocoee, TN
423-338-4325
adventuresunlimited.net/food
Serving American Fare, from pizza to burgers, salads, wings & more.

Bradford's BBQ
1999 Grassy Creek Rd., Copperhill, TN
423-548-2723
Enjoy slow-cooked barbecue at this restaurant / fireworks store in the Ocoee Basin.

The Copper Grill
109 Ocoee St., Copperhill, TN
423-546-1530
Facebook @thecoppergrill
The state line divides this restaurant between Tennessee and Georgia, so pick your state to enjoy hamburgers, hot dogs and specialty sandwiches.

El Rio Mexican Restaurant
113 Ocoee St., Copperhill, TN | 423-496-1826
ElRioMexicanRestaurantandCantina.com
Classic cantina and restaurant offering authentic Mexican flavor.

Habanero's Fresh Tex Mex
120 Ocoee St., Copperhill, TN | 423.548.2111
Facebook @habs.tn
Just a Touch of Tex-Mex!

Rod's Rockin' Rolls
327 Main St., Ducktown, TN | 423-761-5000
rods-rockin-rolls.business.site
Asian cuisine.

Wildwater Willie's Mineshaft Pub & Grub
Old Hwy 64, Ducktown, TN | 423-548-5100
Wildwater rafting.com
American food at Wildwater Ocoee outfitters.

Chattanooga Highlights

Visit ChattanoogaFun.com for a full listing of Chattanooga-area restaurants.

Bea's Restaurant
4500 Dodds Ave., Chattanooga, TN
423-867-3618
Facebook @beaschattanooga
All-you-can-eat fried chicken and Southern favorites served family-style since 1950. Closed Mon.-Tues.

Big River Grille & Brewing Works
222 Broad St., Chattanooga, TN | 423-267-2739
Bigrivergrille.com
Microbrew beer selections and a made-from-scratch menu, located in a historic trolley barn downtown.

Bread & Butter
3955 Dayton Blvd., Chattanooga, TN
423-803-4446
Butterthebread.com
Artisan bakery and local market.

Champy's - Blues, Brews & Birds
Two locations:
526 E. MLK Blvd., Chattanooga, TN | 423-752-9198
6925 Lee Hwy., Chattanooga, TN | 423-803-2800
Champyschicken.com
Fried chicken is the draw at this country-hip Southern eatery with live music and a long beer list.



Hi-Fi Clyde's Chattanooga
122 W. Main St., Chattanooga, TN | 423-362-8335
hificlydeschattanooga.com
Laid-back spot featuring sofas, shuffle boards and ping pong tables, plus bar food and draft beers.

Flying Squirrel Bar
55 Johnson St., Chattanooga, TN | 423-602-5980
Flyingsquirrelbar.com
Award-winning atmosphere serving unique small plates and great drinks from 4 p.m. until. (21+ every day except for Sunday brunch.)

Frothy Monkey
1400 Market St., Chattanooga, TN | 423-680-6343
Frothymonkey.com
Local coffeehouse chain serving breakfast, sandwiches and Southern comfort food at the Chattanooga Choo Choo.

Dutch Maid Bakery

TENNESSEE'S OLDEST FAMILY-OWNED BAKERY



Experience the Authentic Old World Style Bakery



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Located atop Monteagle Mountain,
Exit 135 - take Hwy 41 south 6 miles

The store and café are open
7 days a week
for breakfast and lunch
Dinner by reservation only

109 Main Street
Tracy City, TN 37387
Cindy Day, owner
dutchmaid@blomand.net

931.592.3171
www.thedutchmaid.com

Free Wi-Fi
Pet Friendly
Stop in for Lunch





Hank's Corner Grille
24 Main St. Tracy City TN
931-592-4499

Home of the original 'Soldier Burger'

Thursday Trivia 7:30
Friday Steak Night
Hostels coming soon

Local Beer - Pizza - Wings - Burgers

The Goat Pen - A Hostel
(Located above Hank's Corner Grille)

The Goat Pen is an 18 bed hostel in the heart of Tracy City. You'll find 5 sleeping areas: Couple's Retreat is a private room with double bed, Twin Room is a private room with a set of twin beds, 2 dorm rooms with 3 bunks each and a loft room with 3 beds. The Goat Pen offers a private deck, several bathrooms and a common room for socializing with other hikers & visitors.

423-635-2005



Discover Your Chattanooga Adventure
OutdoorChattanooga.com

Explore: Mountains, Rivers, Creeks, Lakes, Trails, Parks

Adventure: Hike, Bike, Camp, Climb, Paddle, Run, Fly

Learn: Info, Programs, Guided Tours, Workshops, Events



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Outdoor Chattanooga

200 River St. | Chattanooga, TN 37405 | 423-643-6888

Chattanooga Highlights

Herman's Soul Food & Catering
3821 Brainerd Rd., Chattanooga, TN
423-624-5715
Hermanssoulfood.com
Family-friendly restaurant specializing in fried chicken and home-cooked soul food.

Lakeshore Grille @ Lakeshore Marina
5600 Lake Resort Tce. #300, Chattanooga, TN
423-710-2057
lakeshoregrille.com
American food with an amazing view of Chickamauga Lake. Include deck and dog-friendly patio.

Public House Restaurant
1110 Market St., Chattanooga, TN
423-266-3366
publichousechattanooga.com
Updated, locally sourced Southern fare.

Puckett's Grocery & Restaurant
2 W. Aquarium Way, Chattanooga, TN
423-708-8505
Puckettsgro.com
Located next to the Tennessee Aquarium, serving Southern-style favorites for breakfast, lunch and dinner.

Scottie's On The River
491 Riverfront Pkwy., Chattanooga, TN
423-269-7487
scottiesontheriver.net
Airy, casual riverside outpost prepping steaks, seafood & cocktails, plus a patio with a fire pit.

Shuford's Smokehouse
924 Signal Mountain Rd., Chattanooga, TN
423-267-0080
Shufordsbbq.com
Shuford's offers classic Southern barbecue, including smoked meats, traditional sides and their famous homemade banana pudding.

STIR Chattanooga
1444 Market St., Chattanooga, TN | 423-531-7847
Stirchattanooga.com
Creative dishes using fresh, local ingredients and specialty cocktails in a festive, community atmosphere.

Sugar's Ribs
2450 15th Ave., Chattanooga, TN | 423-826-1199
Sugarsribs.com
Award-winning barbecue and ribs on historic Missionary Ridge overlooking downtown Chattanooga.

Tony's Pasta Shop & Trattoria
212 High St., Chattanooga, TN | 423-321-0235
bluffviewartdistrictchattanooga.com
Handmade pasta, fresh sauces and bread in the historic Bluff View Art District overlooking the Tennessee River.

Urban Stack Burger Bar
12 W. 13th St., Chattanooga, TN | 423-475-5350
Urbanstack.com
Inventive burgers and a bustling bar scene in Chattanooga's oldest building (1868).

Cleveland - Charleston

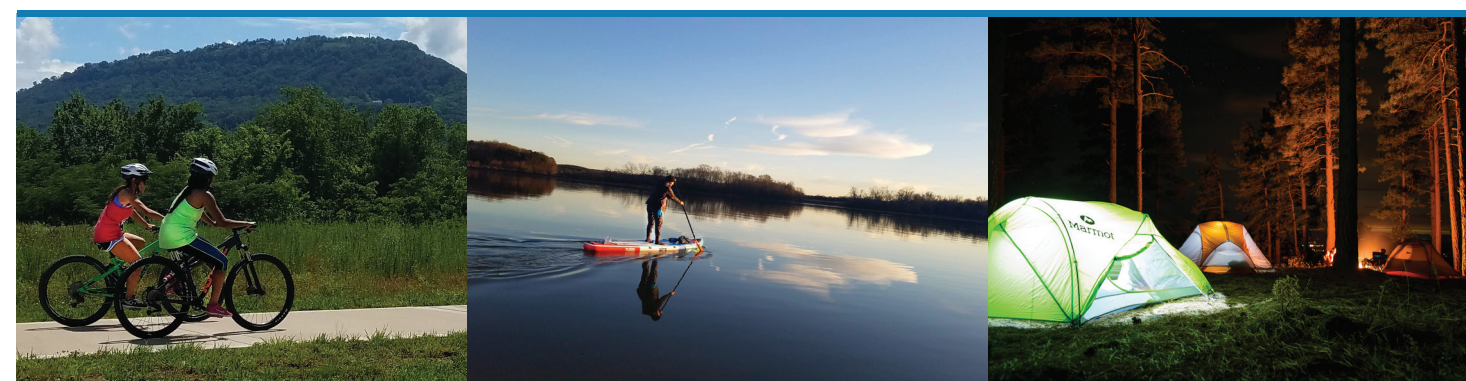
See VisitClevelandTN.com for a full listing of Cleveland restaurants.

Big Tom's Backyard Grill & Bar
88 Mouse Creek Rd. NW, Cleveland, TN
423-790-7391
bigtomsbackyardgrillandbar.com
Our goal at Big Tom's is to make the best darn food you ever had.

Bon Life Coffee
1807 Keith St., Cleveland, TN | 423-464-6160
bonlifecoffee.com
Exceptional coffee with a global cause.

Café Roma
220 N. Ocoee St., Cleveland, TN | 423-339-1488
Caferomatn.com
Fresh Southern-inspired Italian dishes.

Catch Bar & Grill
233 Inman St. E, Cleveland, TN | 423-790-1235
Catchbarandgrill.com
Fresh seafood featuring Gulf Coast and Asian cuisine.





Cleveland - Charleston

Farmhouse Restaurant
2260 Harrison Pike, Cleveland, TN | 423-339-9998
farmhouserestaurantcleveland.com
Family-style restaurant – food just like grandma used to make.

Fork & Spoon
795 Church St. NE, Cleveland, TN
423-790-0035
facebook.com/ForkandSpoonCleveland
Locally owned full service salad bar, homemade soups, sandwiches, and creative entrees.

Gabriel's Pizza
2625 Keith St., Cleveland, TN | 423-728-2222
Gabrielpizzas.com
Local art-filled parlor making deep-dish pizza with gourmet toppings and other Italian eats.

Gardner's Market
262 Broad St. NW, Cleveland, TN | 423-478-3906
Step back in time to an old-world deli.
gardnersmarket.com

Jenkins Deli
2390 Spring Creek Blvd., Cleveland, TN
423-478-1648
Jenkinsdeli.com
Top-rated regional restaurant featuring American-style cooking.

Jordan's Bar-B-Que
910 Stuart Rd NE, Cleveland, TN
423-478-2171
Facebook @jordans.barbeque
Kitsch-filled spot serving up classic pulled pork, ribs & stuffed potatoes, plus other comfort eats.

Lasater's Coffee & Tea
2450 Spring Creek Blvd., Cleveland, TN
423-790-0513
lasaterscoffee.com
Custom-roasted award-winning coffee and a large selection of teas.

Little Diner on 1st
490 1st St. NW, Cleveland, TN
423-472-5550
Facebook@littledineron1st.com
Family owned breakfast and lunch spot. With great food, service, and the best small town atmosphere.

Old Fort Restaurant
1422 25th St. NW, Cleveland, TN | 423-339-0446
Facebook @oldfortclevelandtn
Home cooked meals in a family atmosphere.

Marthie Ann's Hot Chicken and Cold Treats
3625 Keith St., Cleveland, TN
423-813-7044
marthieannschicken.com
A Chicken centered fast casual restaurant featuring, salads, an array of the best chicken sandwiches

Stadium BBQ
773 Keith St. NW, Cleveland, TN | 423-790-0002
StadiumBBQ.com
Enjoy this Southern barbecue with all the fixings - and save room for their homemade fried pies.

The Press
168 1st St. NE, Cleveland, TN
423-584-6077
thepressonfirst.com
Wine, ciders, beers and yummy food make The Press an instant favorite.

Town House Bake Shop
2524 Keith St. NW, Cleveland, TN | 423-478-2822
Townhousebakeshop.com
Sweet stop for bakery items and cakes since 1963.

TRUE
201 Keith St. SW, Cleveland, TN | 423-472-6000
trueatbhb.com
A contemporary Southern neighborhood restaurant.

Village Bake Shop
201 Keith St. SW, Cleveland, TN | 423-476-5179
thevillagebakeshop.com
Established in 1961, this bakery offers a wide variety of delicious sweets and treats.

Dayton - Spring City

Carrabelle's
4370 Rhea County Hwy., Dayton, TN
423-428-9441
carrabelles.net
Check out Dayton's favorite family-friendly destination for Exceptional food & fantastic brews.

Dayton Coffee Shop & Restaurant
280 2nd Ave. #1, Dayton, TN | 423-775-6156
Coffee and Southern favorites.

Delia's Mexican Restaurant
8796 Rhea County Hwy., Dayton, TN
423-570-1813
Facebook@Delia's Mexican Restaurant
Your destination in Dayton for authentic Mexican food.

Harmony House Coffee
378 1st Ave. B, Dayton, TN | 423-570-7656
harmonyhousecoffee.com
Fresh roasted coffee, tea and a full-service espresso bar in downtown Dayton.

Jacob Myer's Restaurant on the River
185 Chickamauga Dr., Dayton, TN | 423-570-0023
Jacobmyersrestaurant.com
Traditional American fare and seafood in a casual atmosphere just up the road from Chickamauga Lake.

Monkey Town Brewing Co.
287 1st Ave., Dayton, TN | 423-775-1800
Monkeytownbrewing.com
Craft beer made in house - open 7 days lunch & dinner.

1st Avenue Pizza, Books & Treats
283 1st Ave., Dayton, TN | 423-570-1000
1stavenuetpbt.com
Fast and casual pizza restaurant with an adorable and unique bookstore. Also serving house-made gelato and desserts.

Screen Door Kitchen
449 Delaware Ave., Dayton, TN | 423-428-9493
Screendoorkitchen.com
Homestyle meals made from scratch.

Banjo's BBQ
1410 Maley Hollow Rd., Dayton, TN
423-785-7606
Facebook@Banjo's BBQ
Pork, chicken, ribs, brisket and the BOOMER - prepared with a special blend of 17 seasonings. All sauces made in-house.

Decatur - Ten Mile

Decatur Family Diner
17315 TN-58 N, Decatur, TN | 423-334-3354
Facebook@Ourfamilytablerestaurant
Family-friendly restaurant serving country-style favorites. Breakfast served all day

Eucler Grill & Brewhouse
200 Eucler Ln., Ten Mile, TN | 423-454-0165
euclergrill.com Seasonal hours
Enjoy dinner and craft beer overlooking beautiful Watts Bar Lake. Indoor and patio seating available.

Mr. Twister
2593 TN-304, Ten Mile, TN | 423-334-1984
Facebook@Mr. Twister
Ice cream, burgers and dinners next to Watts Bar Lake.



Uncle Gus's Mountain Pit Bar-B-Que
810 Peakland Rd., Decatur, TN | 423-334-2487
Barbecue and American favorites in a fun, eclectic setting near Watts Bar Lake.

Dunlap

Andy's Pizza & Steak House
7291 TN-28, Dunlap, TN | 423-949-3633
andypizza.business.site
Great stop for pasta, pizza, steak and a salad bar.

Anthony & Theresa's Homecookin'
6028 TN-28, Dunlap, TN | 423-949-4089
Facebook @Anthony & Theresa's Homecookin'
Homecookin' passed down from our grandparents. Open Thursday through Sunday for breakfast, lunch and dinner.

Cagle Mountain Trading Post & Restaurant
5734 Old State Hwy. 8, Dunlap, TN | 423-949-5063
Facebook @Cagle Mountain trading post
Offers three meals a day with all-you-can-eat catfish every Friday night.

Cookie Jar Café & Johnson Family Farm
1887 Kelly Cross Rd., Dunlap, TN | 423-949-5852
thecookiejarcafe.com
Home-style cooking and decadent desserts in a rural farm setting with the beautiful Sequatchie Valley.

Dunlap Restaurant
17238 Rankin Ave., Dunlap, TN | 423-949-2595
Facebook@dunlaprestaurant
This restaurant has been serving breakfast, brunch and burgers in the beautiful Sequatchie Valley for more than 50 years.

El Metate
16952 Rankin Ave., Dunlap, TN | 423-949-6132
elmetatemexicanrestaurants.com
Family-owned authentic Mexican restaurant.

Patron Mexican Grill
182 Walnut St., Dunlap, TN | 423-308-2692
Facebook @Patron Mexican Grill
Fresh Mexican favorites.

Sequatchie Valley BBQ
7000 TN- 28, Dunlap, TN | 423-949-5900
Barbecue drive-through in the Sequatchie Valley.

Harrison - Georgetown

Dockside Café @ Harrison Bay State Park
7855 Bay Marina Cir., Harrison, TN
423-344-9998
docksidecafe.biz Seasonal hours
Casual atmosphere serving American favorites, country cooking and seafood on Chickamauga Lake.



Fresh Burger Grill
6306 TN-58, Harrison, TN
423-713-9131
freshburgergrill.com
Fresh, never frozen meat. Great food and fast service.

Dave's Spiced Right BBQ
12914 TN-58, Georgetown, TN
423-961-9079
Facebook @DavesSpicedRightBbq
Barbecue (and more) that is notoriously "spiced right."

Pikeville

3-Way Market
79 Tom Hale Flat Rd., Pikeville, TN | 423-881-4433
Facebook@3 Way Market
A simple convenience store, but the locals love their burgers and pizza.

The Butter Dish
3651 Main St., Pikeville, TN | 423-447-3663
thebutterdishtn.com
Fresh Ingredients & Home-Style Meals.

Duke's Place
1444 Bellview Rd., Pikeville, TN | 423-881-4444
Pizzas are awesome, very good service, friendly staff and great atmosphere.

Ember's Ice Cream Shoppe
3089 Main St., Pikeville, TN | 423-447-3500
Facebook@Ember's Ice Cream Shoppe

Morgan Brothers BBQ
38408 US-127., Pikeville, TN | 423-447-6423
Facebook @morganbrothersbbq

Oren Wooden's Apple House
6351 New Harmony Rd., Pikeville, TN
423-447-6376
Woodensapplehouse.com
Purchase seasonal fruits and veggies and enjoy Oren's Orchard Café and Pie Shop. Group tours available. Seasonal hours.

Pizza King
3729 Main St., Pikeville, TN | 423-447-7564
Facebook@Pikeville Pizza King
Pizza and Italian food in a casual atmosphere.





Pikeville

Scottie's
3211 Main St., Pikeville, TN | 423-447-6892
Facebook@Scottie's Restaurant
Enjoy burgers and fries on a barstool in downtown Pikeville.

Soddy-Daisy

Zois Harbor Lights Restaurant
9718 Hixson Pike, Soddy-Daisy, TN | 423-541-7287
Overlooking the Tennessee River, this family-friendly restaurant offers food and entertainment with indoor and outdoor seating. Private boat dock available for boats.

Home Folks Restaurant
8981 Dayton Pike, Soddy-Daisy, TN | 423-332-5724
Facebook@homefolksrestaurant
Comfort food in a comfortable setting.

Rafael's Italian Restaurant
9607 Dayton Pike, Soddy-Daisy, TN
423-332-4559
rafaelsitalianrestaurantmenu.com
All of your Italian Favorites prepared and served with love, and lots of garlic.

Ricko's Pizzeria and Italian Cuisine
10330 Dayton Pike, Soddy-Daisy, TN
423-682-8050
rickospizza.com
Great food served in a casual, comfortable, and fun atmosphere.

Steve's Landing Waterfront Grill
1145 Poling Cir., Soddy-Daisy, TN | 423-332-4098
Steveslandingsoddy.com
Overlooking Chickamauga Lake, this marina restaurant has a large deck with a menu that ranges from seafood to steak.

Wimpies Country Restaurant
9826 Dayton Pike, Soddy-Daisy, TN
423-332-6201
Facebook@Wimpies Country Restaurant
Old fashioned meat and three also offering burgers, hotdogs & breakfast items.

South Pittsburg - Jasper - Whitwell - Powell's Crossroads

Dixie Freeze
200 Elm Ave., South Pittsburg, TN | 423-837-6423
Facebook@Dixie Freeze
Walk up or dine in on burgers, fries and shakes.

South Cedar Artisanal
310 S Cedar Ave., South Pittsburg, TN
423-309-8055
Facebook@South Cedar Artisanal
Great food, friends and cheer! Serving panini's, charcuterie & more.

Dayton Mountain Farm District:

Oren Wooden's Apple House
6351 New Harmony Rd., Pikeville, TN
423-447-6376

Phillip Wooden & Sons Farm Market
3687 New Harmony Rd., Pikeville, TN
423-447-6621

L&D Swafford Family Farm
5394 Summer City Rd., Evensville, TN
423-618-2969

Gary Swafford Farm
489 Summer City Rd., Pikeville, TN
423-447-7480

R&R Kuntry Pumpkin Center
46901 TN-30, Pikeville, TN
423-447-6352

Eddie Wooden Farms
3762 New Harmony Rd., Pikeville, TN
423-468-0497

Rodriguez Produce
3157 Wooden Loop Rd., Pikeville, TN
423-447-2553



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**Full Breakfast Menu
All Day - Every Day**

Lunch and Dinner

DAILY SPECIALS

HOURS:

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Sunday 8am - 2pm CST

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Powells Crossroads, TN
423-658-8575

www.suebobs.com

Stevarinos Italian Eatery & Pub
238 S. Cedar Ave., South Pittsburg, TN
423-837-5420
Stevarinos.com
Italian eatery and pub in historic building in downtown South Pittsburg.

Café 41
15 Courthouse Sq., Jasper, TN | 423-942-3800
Facebook@Cafe41inJasper
Popular spot for breakfast, sandwiches, salads, soups and homemade desserts near South Cumberland State Park.

Rafael's Restaurant
4725 Main St., Jasper, TN | 423-942-8287
Italian favorites served hot and fresh.

Snack Shack
904 Betsy Pack Dr., Jasper, TN | 423-942-8955
Stop by for burgers and with some hand-dipped ice cream or an old fashioned banana split.

Top of the Rock Restaurant & Brewery
1584 Jasper Highlands Blvd., Jasper, TN
423-939-9037
Topoftherockbrewery.com.

Lookout Winery & Wood Oven Pizza
11848 US-41, Guild, TN | 423-939-9334
Lookoutwinery.com
Enjoy wood-oven pizza and wine overlooking Nickajack Lake.

Jerome's Fine Swine & BBQ
13212 TN-28, Whitwell, TN | 423-658-8550
Chicken and pork barbecue served with a variety of sides of sauces. Mac and pepperjack cheese is a crowd-pleaser.

The Hook & Grill
13060 Hwy. 28, Whitwell, TN | 423-815-4014
thehookandgrill.com
Fish, chicken and burgers served in a casual atmosphere in the beautiful Sequatchie Valley.

Ramsey's BBQ
7096 Hwy. 28, Whitwell, TN
423-939-0433
Ribs, barbecue, chicken and lots of fixins' and desserts in the Sequatchie Valley.

The Chef's Restaurant
13329 TN-28, Whitwell, TN
423-658-0333
Facebook@The Chef's
We have down home cooking, pizzas, burgers, and the best catfish east of the Mississippi.

Whitwell Dairy Bar
13292 TN-28, Whitwell, TN | 423-658-6050
Facebook@Whitwell Dairy Bar
Popular stop for ice cream and frozen desserts.

SueBob's Diner
2573 Hwy 283, Powell's Crossroads, TN
423-658-8575
Suebobs.com
Country cooking in a comfortable atmosphere within the beautiful Sequatchie Valley.

The Hype
2630 TN-283, Powell's Crossroads, TN
423-364-6879
the-hype-2630.square.site
Coffees, Teas, Smoothies and More.

Mountain Mart
4351 Hwy. 150, Sequatchie, TN | 423-619-8616
mountainmart.net
Family-owned market near Denny Cove serving hot food and grocery items.



VEGETARIAN & VEGAN OPTIONS

See ChattaVegan.com for additional information

Cashew
149 River St., Chattanooga, TN | 423-355-5486
Cashewchattanooga.com
Vegetarian / vegan restaurant in Chattanooga.
Open Wed.-Sat.

Clark's Bakery at Stone Cave
612 Stone Cave Lp. - Unit A, Dunlap, TN
423-949-4333
Clarksretreat.com
Natural foods store specializing in whole grain breads and desserts.

Mooney's Market & Emporium
1265 W. Main St., Monteagle, TN
931-924-7400
mooneysmarketandemporium.com
Vegan juice bar and natural foods grocery store.

Plant Power Café & Juice Bar
6215 Lee Hwy. Suite 137, Chattanooga, TN
423-702-2233
plantpowercafe.com
Vegan-raw-vegetarian meal friendly, as well as smoothies, juice and more.

Sluggo's North Vegetarian Café
505 Cherokee Blvd., Chattanooga, TN
423-752-5224
sluggos.weebly.com
Vegetarian / vegan restaurant in Chattanooga.





**Monteagle - Tracy City
Pelham - Gruetli-Laager
Coalmont - Palmer**

Depot Cafe

403 W. Main St., Monteagle, TN | 931-924-2233
Facebook@The DEPOT CAFE
Family-style restaurant serving breakfast, lunch, dinner and homemade desserts.

Dixie Lee Diner

420 Dixie Lee Ave., Monteagle, TN
931-924-9292
Facebook @dixieleeegirls
Fun environment, fresh food cooked to order, friendly service.

High Point Restaurant

224 E. Main St., Monteagle, TN | 931-924-4600
Highpointrestaurant.net
Enjoy fine dining in this 1929 three-story mansion, presumably financed by Al Capone.

**Jim Oliver's Smokehouse Restaurant,
Lodge & Trading Post**

850 W Main St., Monteagle, TN | 800-489-2091
Thesmokehouse.com
Southern-style breakfast, lunch and dinner served at this landmark establishment on Monteagle Mountain. Live music every Friday and Saturday night.

Monteagle Inn & Retreat Center

204 W. Main St., Monteagle, TN
931-924-3869
Monteagleinn.com
Breakfast served daily. Special occasion and wine dinners scheduled throughout the year.

Mooney's Market & Emporium

1265 W. Main St., Monteagle, TN
931-924-7400
mooneymarketandemporium.com
Vegan juice bar and health food market.

Mountain Goat Market

109 Main St., Monteagle, TN | 931-924-2727
mtngoatmarket.com
Popular stop for breakfast, lunch, dinner and coffee, desserts and a few grocery store goods.

Papa Ron's Pizza & Italian Steakhouse

402 W. Main St., Monteagle, TN
931-924-3355 Paparons.net
Italian steakhouse and pizza in a casual atmosphere.

Up in Smoke BBQ Café

10 W Main St., Monteagle, TN
931-212-4506
Facebook @Up in Smoke BBQ Café
Hickory smoked pulled pork and burgers.

Dari-Delight

740 Main St., Tracy City, TN | 931-592-2226
dari-delight.business.site
Serving grill favorites.

Dutch Maid Bakery

109 Main St., Tracy City, TN | 931-592-3171
dutchmaid.net
Breakfast, lunch, dinner, coffee and traditional bakery sweets and treats served at Tennessee's oldest family-owned bakery and café.

Henry Flury & Sons Grocery

223 Main St, Tracy City, TN | 931-592-5661
Facebook@Henry Flury & Sons Grocery
Established in 1905 by Henry Flury, this old-fashioned store serves sandwiches for lunch.

Hank's Corner Grille

24 Main St., Tracy City, TN | 931-592-4499
Facebook@hankscornergrill
Hank's Corner is a family friendly restaurant with a sports bar feel.

Potbellies Family Restaurant

268 Colyar St., Tracy City, TN
931-592-4662
Facebook @Potbellies Family Restaurant
Family Restaurant featuring a Meat and Three and plenty of your Southern favorites.

Rosie's Farmhouse Kitchen

13947 US Hwy. 41, Tracy City, TN
931-592-2530
Facebook @rosiesfarmhousekitchen
Family Restaurant serving breakfast, lunch and dinner.

Northcutt's Family Market

2521 TN-50, Pelham, TN | 931-467-2888
Facebook@Northcutt's Family Market
Serving grill favorites, sandwiches and a salad bar, as well as grocery needs.

Tess's Kitchen Café & RV Sites

1553 US-41, Pelham, TN | 931-467-8113
Facebook@tesskitchencafe
Southern home cooking.



Simply Southern Café

1749 US-41, Pelham, TN | 931-467-2600
Facebook@SimplySouthernCafe
Southern home cooking.

Brown's Dairy Bar

27210 TN-108, Gruetli-Laager, TN
931-779-5168
Grill favorites.

The Southern Oven

139 TN-399, Palmer, TN | 931-779-6836
Facebook@southernoven399
Southern home cooking.



WINE, BEER & WHISKEY

**Chattanooga Whiskey
Experimental Distillery**

1439 Market St., Chattanooga, TN
423-760-4333
ChattanoogaWhiskey.com
Public tours offered hourly (with paid admission). Pre-booking recommended. Private tours for groups of 10 or more available with reservation.

Lookout Winery & Wood Oven Pizza

11848 Hwy. 41, Guild, TN | 727-499-8974
Lookoutwinery.com
Serving hand-crafted wines using old-time winemaking techniques, as well as wood-fired pizza and desserts. Indoor and outdoor seating with beautiful views of Nickajack Lake.

Monkey Town Brewing Co.

287 1st Ave., Dayton, TN | 423-775-1800
Monkeytownbrewing.com
Craft beer made in-house. Open 7 days a week for lunch and dinner. Check website for live entertainment and events.

**Morris Vineyard & Tennessee
Mountainview Winery**

346 Union Grove Rd., Charleston, TN
423-479-7311
Morrisvineyard.com
Free wine tastings. Established in 1965, this vineyard grows grapes, muscadines, raspberries, blackberries and blueberries to produce 17 wine varieties. Pick-your-own berries offered seasonally.

Ocoee Winery

5365 Waterlevel Hwy., Cleveland, TN
423-614-5100
OcoeeWinery.com
Offering a wide array of wines produced at the winery. Free tours by reservation only. Open seven days a week.

Savannah Oaks Winery

1817 Delano Rd., Delano, TN | 423-263-1513
Facebook @Savannah Oaks Winery
Free wine tastings. This family-owned winery grows their own grapes and produces 23 wines, specializing in muscadine. Located near the scenic Hiwassee River Blueway, this venue has an event hall and hosts weddings, receptions and special events.

Top of the Rock Restaurant & Brewery

1584 Jasper Highlands Blvd., Jasper, TN
423-939-9037
Topoftherockbrewery.com
Located at the top of Jasper Mountain in Jasper Highlands, you can see for miles from this expertly designed and situated restaurant and brewery. Try a range of house-brewed beers, a cocktail from the full-service bar, and fill up a growler to go. After a meal, walk the short bridge across to Pat's Summit pavilion, which also offers a lovely view of the valley below.



*A Guide to
LOCAL BREWERIES IN THE
CHATTANOOGA AREA*



Experience the Southeast Tennessee Brewery Trail

Find your guide at welcome centers across the area and by visiting:
southeasttennessee.com
A helpful guide to the area's best breweries.



Fall in Love

with where you live

At the foothills of the Cumberland Plateau, a convergence of natural beauty, picturesque towns, and rich culture forms Marion County. Everyone from outdoor enthusiasts to amateur historians are sure to find something memorable and fun.



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MarionCountyChamber.com
423.942.5103 • info@marioncountychamber.com



ON THE WATER



From calm lakes to rushing rivers, Southeast Tennessee is woven together by water. Choose to raft the Ocoee River's premier whitewater rapids, paddle the family-friendly Hiwassee River Blueway, or spend the day fishing on any one of our scenic lakes. Grab your swimming suit and shades and plan for some wet and wild fun during your stay.

SOUTHEASTTENNESSEE.COM



OCCOEE RIVER

The Ocoee River is known as the one of the premier whitewater rivers in the United States. Whether you're shooting the rapids along the 5-mile long Olympic whitewater course or paddling through rapids on the 5-mile middle section, the Ocoee River promises unbeatable thrills. The river runs through the Cherokee National Forest and is regulated by the Tennessee Valley Authority. Guided trips are scheduled March through October. Learn more at www.OcoeeCountry.com.

OUTFITTERS:

Adventures Unlimited
522 US-64, Ocoee, TN | 423-338-4325
Adventuresunlimited.net

Big Frog Expeditions
1278 Welcome Valley Rd., Benton, TN
877-776-2633
Ocoeeriver.biz

Carolina Ocoee
225 Industrial Dr., Copperhill, TN | 423-496-5050
Carolinaoccoee.com

Cascade Outdoors
1248 US-64, Ocoee, TN | 800-338-7238
Cascadeoutdoors.com

Cherokee Rafting
869 US-64, Ocoee, TN | 423-338-5124
Cherokeerafting.com



Ocoee River

High Country Adventures
430 US-64, Ocoee, TN | 423-338-8634
Hcrivers.com

NOC Ocoee Outpost
1680 US-64, Benton, TN | 423-212-1195
Noc.com

Ocoee Adventure Center (OAC)
4651 US-64, Copperhill, TN | 1-888-723-8622
Ocoeeadventurecenter.com

Ocoee Inn Rafting
Ocoee River Mile Marker 12.8
2496 US-64, Benton, TN | 423-338-9375
Ocoeeinnrafting.com

Ocoee Outdoors
1985 US-64., Benton, TN | 800-533-7767
Ocoeeoutdoors.com

Ocoee Rafting
1548 TN-68, Ducktown, TN | 423-496-3388
Ocoeerafting.com

Outdoor Adventure Rafting (OAR)
629 Welcome Valley Rd., Benton, TN | 423-338-5746
occoee.com

Outland Expeditions
6501 Waterlevel Hwy. SE, Cleveland, TN
800-827-1442
Outlandexpeditions.com

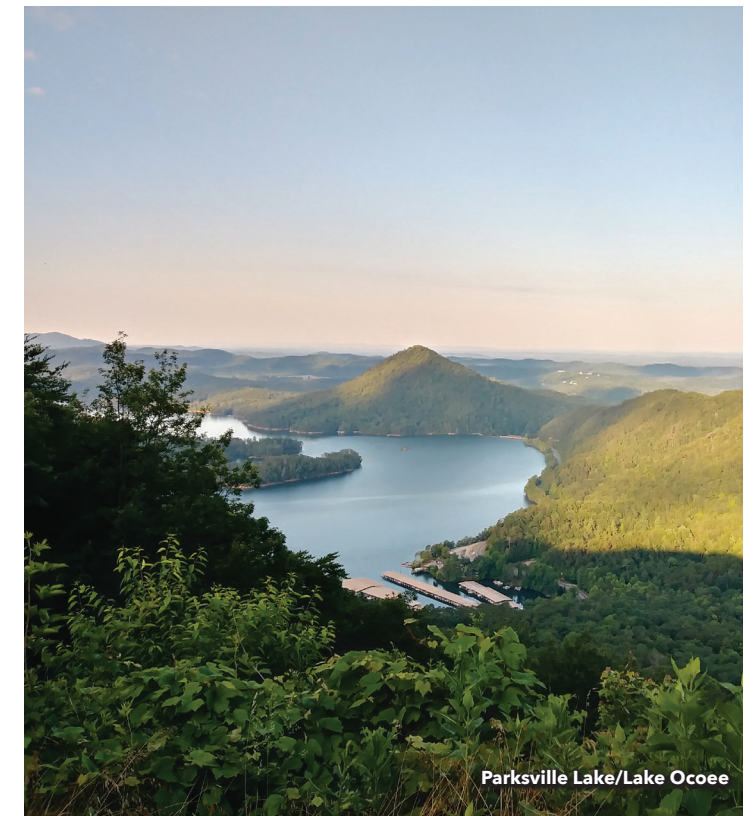
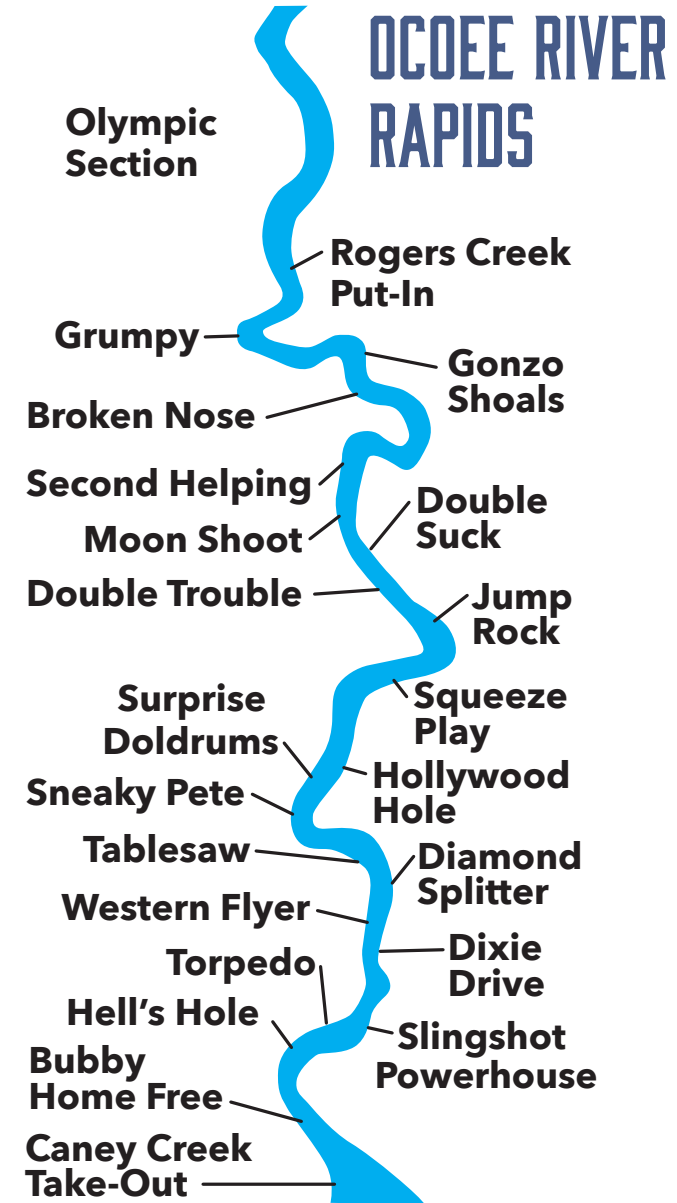
Quest Expeditions
281 US-64, Ocoee, TN | 800-277-4537
Questexpeditions.com

Raft One
4599 US-64, Copperhill, TN | 1-888-723-8663
Raft1.com

Sunburst Adventures
702 Welcome Valley Rd., Benton, TN | 423-338-8388
Facebook@SunburstAdventures

Whitewater Express
703 Golf Course Rd., Copperhill, TN | 423-496-9126
occoee.whitewaterexpress.com

Wildwater LTD
4596 US-64 W, Ducktown, TN | 423-496-4904
Wildwaterafting.com



Parksville Lake/Lake Ocoee

PARKSVILLE LAKE

[LAKE OCCOEE]

Parksville Lake, also known as Lake Ocoee, is a reservoir on the Ocoee River formed by the Tennessee Valley Authority's Dam No. 1. Completed in 1911, the dam was among the first hydroelectric projects in the region. It was acquired by TVA in 1939. The lake is set within the boundaries of the Cherokee National Forest near Benton, Tenn.

Lake Ocoee Inn & Marina
2496 US-64, Benton, TN | 423-338-2064
Ocoeeinn.com

Parksville Lake Campground
3171 US-64, Benton, TN | 423-338-3300
Fs.usda.gov

MCKAMY LAKE

[CHILHOWEE LAKE]

McKamy Lake, also known as Chilhowee Lake, is located on top of Chilhowee Mountain overlooking the Ocoee River within the Cherokee National Forest. This 7-acre lake is popular for swimming, fishing, paddling, and camping.

Chilhowee Recreation Area & Campground
3171 US-64, Benton, TN | 423-338-3300
Fs.usda.gov



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on the Ocoee River

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www.thesmokehouse.com 931/924-2091

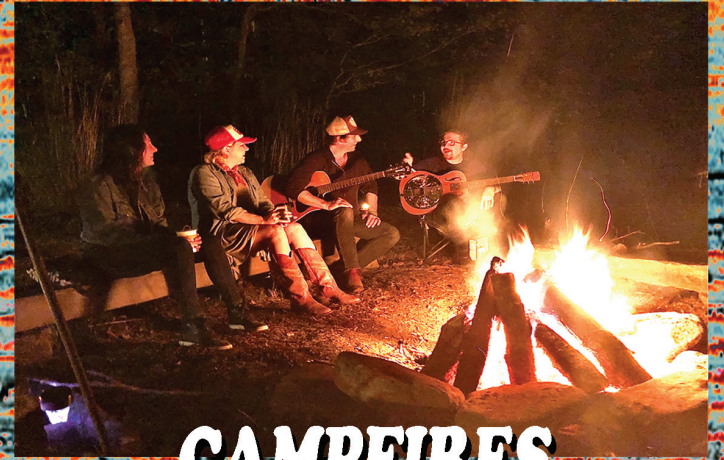


GROUP & FAMILY CABINS

CABINS FOR COUPLES

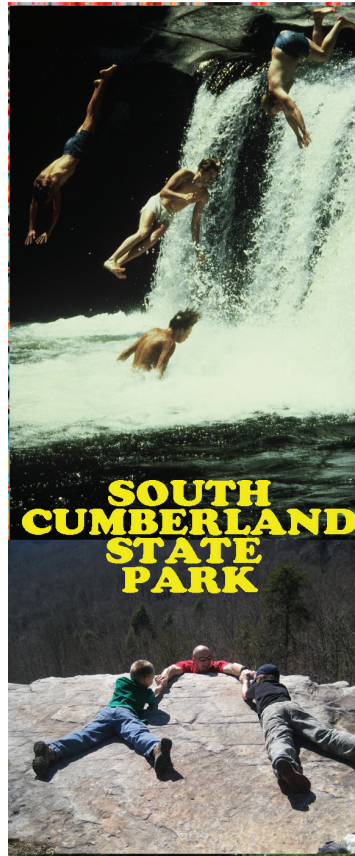


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THE CAVERNS BLUEGRASS UNDERGROUND



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TheSmokeHouse.com



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HIWASSEE RIVER

The Hiwassee River offers family-friendly whitewater adventure and trout fishing in the upper section of the river and motorized water recreation, bass fishing, and bird watching in the lower section. The river meanders through the Cherokee National Forest and the historic towns of Reliance, Delano, Charleston, and Calhoun, offering spectacular views of the regional natural landscape and numerous cultural heritage sites. Visit www.HiwasseeBlueway.com for more information.

Webb Brothers Rafting & General Store
3708 TN-30, Reliance, TN | 423-338-2373
Webbbros.com

Hiwassee Outfitters
155 Ellis Creek Rd., Reliance, TN | 423-338-8115
Hiwasseeoutfitters.com

B&B Marina
Hiwassee River Mile Marker 12.9
117 Marina Dr. NW, Charleston, TN | 423-336-2341
[Facebook@B&B Marina](https://Facebook.com/B&BMarina)

Gee Creek Campground
@ Hiwassee/Ocoee Scenic River State Park
404 Spring Creek Rd., Delano, TN | 423-263-0050
Tnstateparks.com

John Muir National Recreation Trail
Reliance, TN
Ocoee-Hiwassee Ranger Station: 423-338-3300
The 20.7-mile John Muir National Recreation Trail winds through the scenic Hiwassee River Gorge and Cherokee National Forest. It is said to follow the path taken by naturalist John Muir in 1867, which he outlined in his book "A Thousand-Mile Walk to the Gulf." The trail begins at Childers Creek in Reliance and follows alongside the Hiwassee River for 4.2 miles to Towee Creek before heading to Coker Creek Scenic Area.



HIWASSEE RIVER BLUEWAY
HIWASSEEBLUEWAY.COM

SUCH A RIVER IS THE HIWASSEE,

WITH ITS SURFACE BROKEN TO A THOUSAND SPARKLING GEMS, AND ITS FOREST WALLS VINE-DRAINED AND FLOWERY AS EDEN. AND HOW FINE THE SONG SHE SINGS.

~JOHN MUIR



FISH VIEWING / SNORKELING

Conasauga River Underwater Fish Viewing Area

Come to the Conasauga Snorkeling Hole to play, float and sightsee! Put on a face mask and get a closer look at the many species this river harbors. The Conasauga River supports over sixty fish species, including the federally listed blue shiner, amber darter, and Conasauga logperch. An exceptionally diverse community of mussels is also present. The Conasauga River Watershed encompasses only 1% of the land base of the Colorado and Columbia Watersheds combined but supports more native fish species. This is one reason why the Conasauga is recognized as an ecologically important area by private and public organizations alike. Guided snorkeling tours (private or groups) are available at select times during the year by calling the Cherokee National Forest at 423-476-9700.

Important Reminders: Always snorkel with a partner and wear safety flotation gear.

Please do not disturb or collect the sensitive fauna of this river.



FISHING GUIDES & SUPPLIES

Chattanooga Fishing Guides
391 Skip Ln., Soddy-Daisy, TN | 423-240-5389
Chattanoogafishingguides.com
Bass fishing guides on Chickamauga Lake and the Tennessee River.

FishDayton - Chickamauga Lake @ Dayton Boat Dock & Grill
107 Main St., Dayton, TN | 423-775-6171
Flshdayton.com
Home base for the "Bass Fishing Capital of the South" on Chickamauga Lake.


Reliance Fly & Tackle
588 Childers Creek Rd., Reliance, TN | 423-338-7771
relianceflyandtackle.com
Fishing supplies and food, drinks, camping & live music.

Scenic City Fishing Charters
Chattanooga, TN | 423-509-4655
Sceniccityfishing.com
Tennessee River fishing guide service based in Chattanooga, specializing in trophy catfish, bass and crappie.

Southeastern Anglers
107 Riverview Ln., Reliance, TN | 770-655-9210
southeasternanglers.com
Fly fishing outfitter and guide service focusing on regional rivers and streams.



Sullivans Bait & Tackle
US-72, Chattanooga, TN
Old-time bait and tackle shop located near Sullivan's Landing on the Tennessee River.



Polk County  **Ocoee Country**

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Polk County Chamber of Commerce
(423) 338-5040 • ocoeecountry.com

SCAN ME  SCAN ME 



Tennessee River Gorge

The 652-mile Tennessee River is formed at the confluence of the Holston and French Broad rivers to the east of Knoxville and flows south into Alabama and Mississippi and then north into Kentucky where it empties into the Ohio River. In the Southeast Tennessee, three dams create reservoirs along the river: Watts Bar Lake, Chickamauga Lake, and Nickajack Lake.

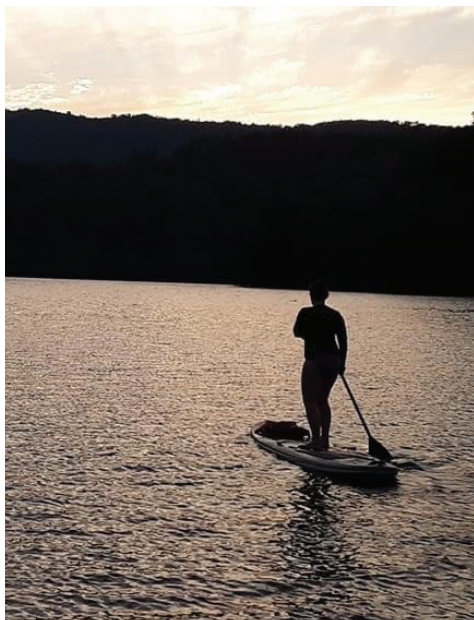
Water recreation on the Tennessee River and its tributaries is a growing activity in the Chattanooga region. A number of communities and businesses throughout the region provide river access, fishing, marinas, outfitters, food, lodging and camping. For more information, visit www.TVA.gov.

OUTFITTERS:

L2 Outside

131 River St., Chattanooga, TN | 423-531-7873
L2outside.com

Located in downtown Chattanooga, offering SUP board and kayak rentals, lessons and various group options.



River Canyon Adventures

21726 River Canyon Rd., Chattanooga, TN
423-488-8211
Rivercanyonadventure.com

Located 10 mins from downtown Chattanooga, offering kayak and SUP boards to individuals and groups to paddle the Tennessee River Gorge. \$15 parking fee if you bring your own boards/boats.

Rock/Creek Outfitters

Office: 1530 Riverside Dr., Chattanooga, TN
423-265-1836
rockcreekoutfitters.com

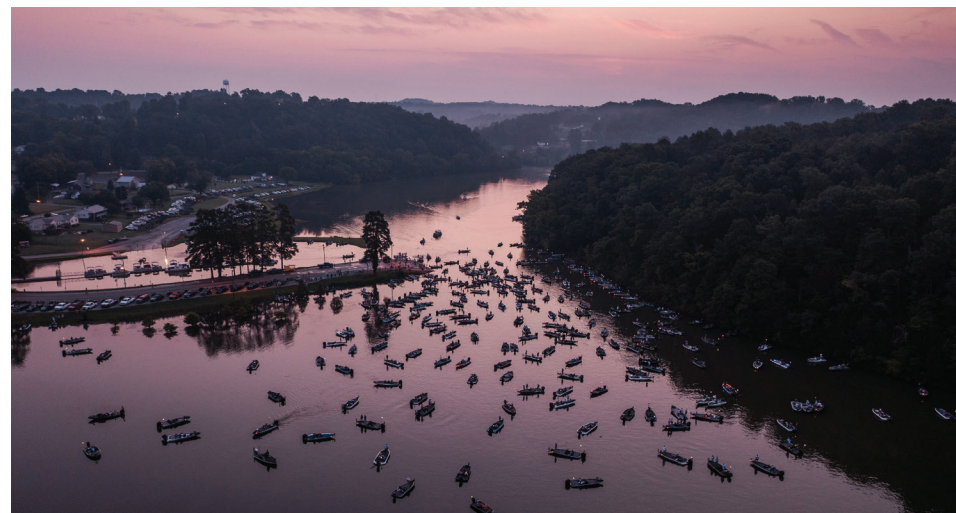
Rusty's Kayaks and Paddle Boards

@ Harrison Bay State Park
8332 Harrison Bay Rd., Harrison, TN
423-591-5526
Rustyskayaks.com

Rent sit-on-top kayaks or stand up paddle boards for up to a full day on Chickamauga Lake.

Scenic City Safari Shuttles & Outfitters

1111 Cranbrook Cir., Hixson, TN
423-653-4845
[Facebook@sceniccitysafarihshuttles&outfitters](https://facebook.com/sceniccitysafarihshuttles&outfitters)
Full-service canoe, kayak, and stand up paddleboard rental and shuttle service.



Southeastern Adventure Tours

1117 Dayton Blvd., Chattanooga, TN
423-800-4644
Southeasternadventuretours.com

Outdoor recreation company offering 4-hour tours of the Tennessee River Gorge in inflatable rafts propelled by outboard motors.

Outshine Adventures

outshineadventures.com | 423-763-7357
Outshine Adventures provides unique, guided and equipped paddleboard tours on Chattanooga waterways. We can customize tours for you and your group, and we provide all the equipment and planning.

CHICKAMAUGA LAKE

Chickamauga Lake is a reservoir on the Tennessee River that stretches 59 miles from Chickamauga Dam in Chattanooga to Watts Bar Dam in Ten Mile, Tenn. The lake features several parks and is popular for boating, fishing, swimming, and camping. For more information, visit www.TVA.gov.

Blue Water RV Resort & Marina

TN River Mile Marker 504.4
220 Blue Water Campground Rd., Dayton, TN
423-775-3265
Bluewaterdayton.com

Booker T. Washington State Park Marina

5801 Champions Rd., Chattanooga, TN
423-894-4955
Tnstateparks.com

Chester Frost Park & Campground

2277 North Gold Point Cir., Hixson, TN
423-209-6894
parks.hamiltontn.gov

FishDayton - Chickamauga Lake

@ Dayton Boat Dock & Grill
107 Main St., Dayton, TN | 423-775-6171
Fishdayton.com

Harrison Bay State Park Marina

TN River Mile Marker 478
8411 Harrison Bay Rd., Harrison, TN
423-344-6214
Tnstateparks.com

Island Cove Marina & Resort

TN River Mile Marker 477.5
6701 TN-58, Harrison, TN | 423-344-8331
islandcove.com

Lakeshore Marina

TN River Mile Marker 471
5600 Lake Resort Terr., Chattanooga, TN
423-870-2000
Lsmarina.com

Soddy Lake Public Fishing Pier

11306 Dayton Pike, Soddy-Daisy, TN
423-332-5323
soddydaisy.org

NICKAJACK LAKE

Nickajack Lake is a reservoir on the Tennessee River that extends 46 miles from Nickajack Dam to Chickamauga Dam. The reservoir offers wide expanses of water for boating, paddling, swimming, and other outdoor recreation activities. For more information, visit www.TVA.gov.

Hales Bar Marina & Resort

TN River Mile Marker 431.1L
1265 Hales Bar Rd., Guild, TN | 423-942-9000
Halesbarmarina.com

Marion County Park & Campground

TN River Mile Marker 429.0
9696 US-41, Jasper, TN | 423-942-6653
marioncountyttn.net



FishDayton, TN

WATTS BAR LAKE

Watts Bar Lake is a reservoir on the Tennessee River that extends 72 miles from Watts Bar Dam in Ten Mile, Tenn., to Fort Loudon Dam in Lenoir City, Tenn. Watts Bar Lake is popular for boating, fishing, swimming, camping, and other outdoor activities. For more information about attractions on Watts Bar Lake, visit www.MeigsTN.com and www.TVA.gov.

Arrowhead Resort & Marina

TN River Mile Marker 544.6
261 Bennett Dr., Spring City, TN | 423-365-6484
Arrowheadresort.com

Cottonport Marina & RV Resort

TN River Mile Marker 513.7
797 Cottonport Ferry Rd., Decatur, TN
423-454-4110
cottonport.wixsite.com

Eden Marina & Campground

TN River Mile Marker 542.3
653 Scenic Lakeview Dr., Spring City, TN
423-365-6929
wattsbar.com

Euchee Marina Resort & Campground

TN River Mile Marker 540.5
200 Euchee Ln., Ten Mile, TN | 423-334-1004
Eucheemarinarresort.com

Sam's Boat Dock

TN River Mile Marker 538.5
322 Sam's Boat Dock Rd., Ten Mile, TN
423-334-5620
[Facebook@samsboatdock](https://facebook.com/samsboatdock)

Terrace View Marina, Resort & Restaurant

3367 Euchee Chapel Rd., Spring City, TN
423-365-6060
Terraceviewmarina.com

Whites Creek Marina & Lakeside Resort

1190 Whites Creek Rd., Spring City, TN | 423-365-9521
whitescreeklakesideresort.com



OUTDOOR ADVENTURE



Southeast Tennessee calls to those who love the outdoors. The region's lush landscape, contoured by majestic rivers, ridges, and mountains, offers a wide range of outdoor activities for visitors of all ages.

SOUTHEASTTENNESSEE.COM

ROCK CLIMBING IN SOUTHEAST TENNESSEE

Southeast Tennessee is recognized as the southeastern capital for rock climbing. This incredible climbing destination offers it all - classic climbs to steep sport routes to perfect boulder problems - and there is an expanding inventory of crags and boulder fields that are being established and opened to the public.

The Southeast Tennessee Tourism Association partnered with regional climbing advocates to create a rock climbing guide that highlights a collection of the most popular climbing areas within an hour's drive of Chattanooga. A pdf version of the guide is available at SoutheastTennessee.com.



High Point Climbing & Fitness
Two locations: 219 Broad St., Chattanooga, TN
423-602-7625
1007 Appling St., Chattanooga, TN | 423-475-6578
Highpointclimbing.com
Indoor rock-climbing gyms in downtown Chattanooga.

High Point Climbing & Fitness - Cleveland
2499 Keith St. NW., Cleveland, TN
423-250-8023
Highpointclimbing.com
Indoor rock-climbing gym.

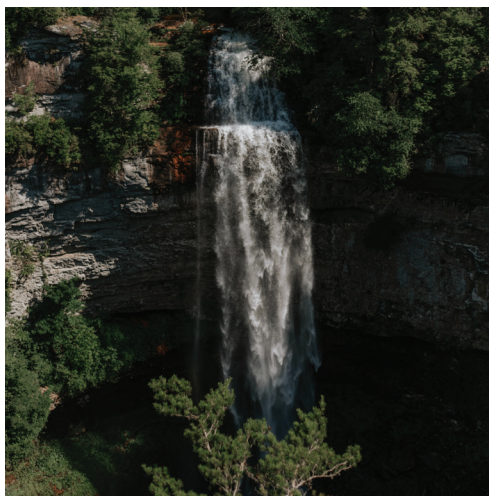


Synergy Climbing and Ninja
427 E. Main St., Chattanooga, TN
synergyclimbingandninja.com
423-206-2800
Lisa Rands and Wills Young are world-renowned climbing coaches, and American Mountain Guides Association (AMGA) certified instructors with over 60 years of climbing experience between them.





STATE PARKS



Fall Creek Falls State Park

2009 Village Camp Rd., Spencer, TN | 423-881-5298
Tnstateparks.com

◀ In addition to Fall Creek Falls, one of the tallest waterfalls in the eastern United States, the park features smaller waterfalls and more than 34 miles of trails.

Harrison Bay State Park

8411 Harrison Bay Rd., Harrison, TN | 423-344-6214
Tnstateparks.com

Harrison Bay State Park lines 40 miles of Chickamauga Lake shoreline and features marina facilities, RV and tent campsites, a 4.5-mile loop trail, and the Bear Trace Golf Course at Harrison Bay, a Jack Nicklaus course.

Hiwassee/Ocoee Scenic River State Park

404 Spring Creek Rd., Delano, TN | 423-263-0050
Tnstateparks.com

Whitewater rafting and paddling are popular activities on the Ocoee and Hiwassee rivers within the park, which borders the Cherokee National Forest. Gee Creek Campground is located along the Hiwassee River, offering 47 tent campsites.

Booker T. Washington State Park

5801 Champions Rd., Chattanooga, TN
423-894-4955

Tnstateparks.com
Situating on the shores of Chickamauga Lake featuring a 6-mile mountain bike trail, Olympic-sized swimming pool, three large picnic pavilions and individual picnic sites.

Piney Falls State Natural Area

Part of the Cumberland Trail
Firetower Rd., Grandview, TN | 423-566-2229
A 440-acre natural area featuring hiking trails, creeks, waterfalls and old-growth forest.

Red Clay State Historic Park

1140 Red Clay Park Rd. SW, Cleveland, TN
423-478-0339

Tnstateparks.com
This park brings to life the reality of the removal of Cherokee life during the 19th century. Located on the land where the Cherokee council once met, this park provides opportunities to learn about Cherokee heritage. Amenities include an amphitheater and a picnic area.

The Cumberland Trail (CT) Cumberland Trail State Park: 423-566-2229 Cumberlandtrail.org

The Cumberland Trail is a Tennessee scenic footpath that follows a line of high ridges and deep gorges along East Tennessee's Cumberland Plateau. Currently, 15 segments of trail have been developed, with more than 210 miles of trail open for hiking. The southern terminus of the trail is located at the Chickamauga-Chattanooga National Military Park on Signal Mountain just outside of Chattanooga. The northern terminus of the trail is located at Cumberland Gap National Historical Park at the TN/KY/VA borders.

Guided Climbing Trips

Synergy Climbing & Guide Service
Chattanooga, Tennessee

Will Young & Lisa Rands

SynergyClimbing.com

Call or text: 760-920-5348



OUTDOOR RESOURCES



Outdoor Chattanooga 200 River St., Chattanooga, TN | 423-643-6888 Outdoorchattanooga.com

Located within Coolidge Park on the banks of the Tennessee River, this resource center offers outdoor information for the region and outdoor programs for all ages and abilities.



Experience Chattanooga 423-834-4197 experiencechattanooganow.com

Seeking adventure? Experience Chattanooga offers guided tours for all ages & skill levels. Let them lead you to the best mountain views & waterfalls around!"



REI
2507 Lifestyle Way, Chattanooga, TN | 423-485-1249
rei.com
The REI Chattanooga store is a premier outdoor gear and sporting goods store serving outdoor enthusiasts in Southeast Tennessee.



Velo View Bike Tours
veloviewbiketours.com | 423-834-8388
Velo View Bike Tours provides a personalized cycling experience through private custom bike tours. From our home base in Chattanooga, Tennessee, we have access to some of the best cycling in the country - road riding, mountain biking and gravel grinding!



Outshine Adventures
outshineadventures.com | 423-763-7357
Outshine Adventures provides unique, guided and equipped paddleboard tours on Chattanooga waterways. We can customize tours for you and your group, and we provide all the equipment and planning.

SOUTH CUMBERLAND STATE PARK

South Cumberland State Park is Tennessee's largest state park, comprised of 30,845 acres in nine separate sections of the park along the South Cumberland Plateau. The area features nearly 100 miles of walking and hiking trails, spectacular waterfalls, blue holes, and opportunities for rock climbing and back country camping.

Visitor Center - South Cumberland State Park
11745 US-41, Monteagle, TN | 931-924-2980
Hours: Monday-Sunday 8 a.m. to 4 p.m. CST
TNstateparks.com

Savage Gulf Ranger Station
3157 TN-399, Palmer, TN | 931-779-3532
Overnight parking for camping only.
Distance from Visitor Center: 27 miles
The Savage Gulf ranger station is the eastern access point for the Savage Gulf-Stone Door trail system.

Stone Door Ranger Station
1183 Stone Door Rd., Beersheba Springs, TN
931-692-3887
Overnight parking for camping only.
Distance from Visitor Center: 25.7 miles
The Stone Door ranger station is the western access point for the Savage Gulf-Stone Door trail system.

Foster Falls Campground @ South Cumberland State Park
Camping type: 26 rustic campsites
498 Foster Falls Rd., Sequatchie, TN
Reservations required: 931-924-2980
TNstateparks.com

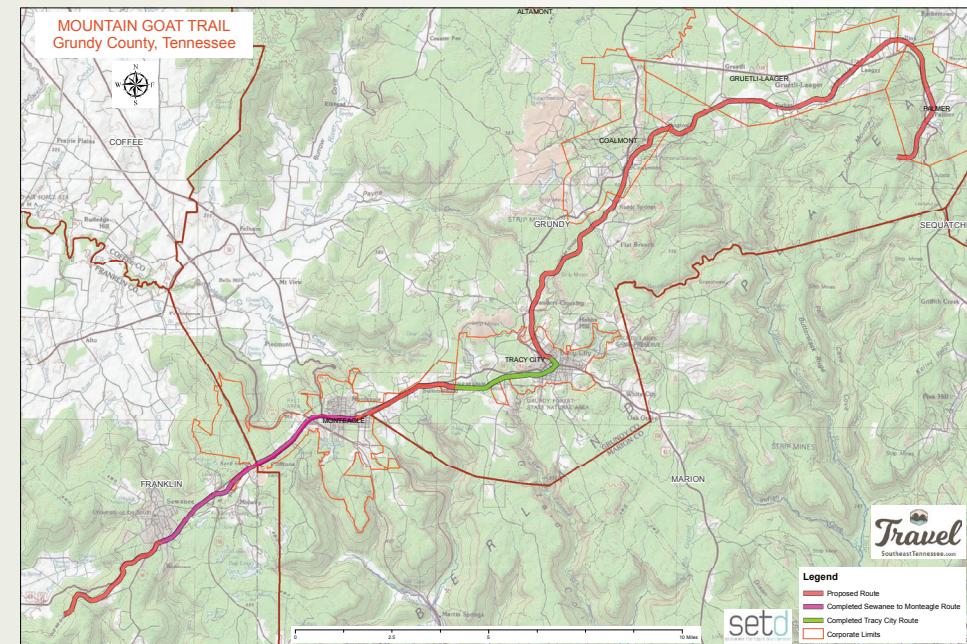
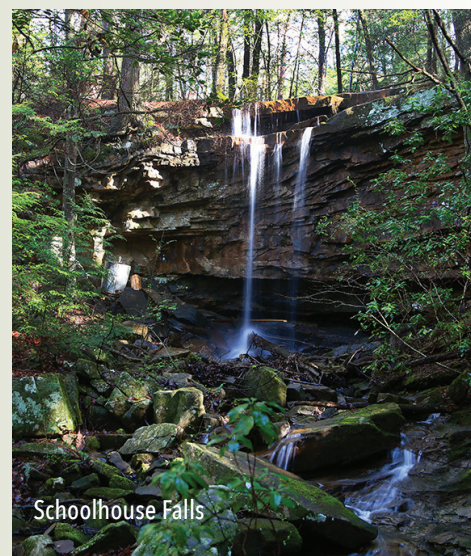
Backcountry Camping @South Cumberland State Park
Reservations: 931-924-2980
The park has over 90 miles of backpacking trails with 93 campsites and eight group sites.

Hobbs Cabin Rustic Lodge @ South Cumberland State Park
Reservations: 931-924-2980
This rustic tin roof cabin lies along the park's North Plateau Trail and is approximately a 9-mile hike from both the Stone Door and Savage Gulf ranger stations.

FRIENDS OF SOUTH CUMBERLAND



Friends of South Cumberland Sewanee, TN
friendsofsouthcumberland.org
The Friends of South Cumberland is a group of volunteer citizens dedicated to supporting the South Cumberland State Park, at 30,837 acres, Tennessee's largest state park. As a 501(c)(3) non-profit membership corporation, funding for the Friends of South Cumberland is derived from individual and corporate memberships and from private donations.



Mountain Goat Trail
The Rail-Trail of the South Cumberland Plateau
The Mountain Goat Trail is a rail-to-trail system that connects communities along the historic path of the Mountain Goat Trail in a region known as the South Cumberland Plateau in Southeast Tennessee.

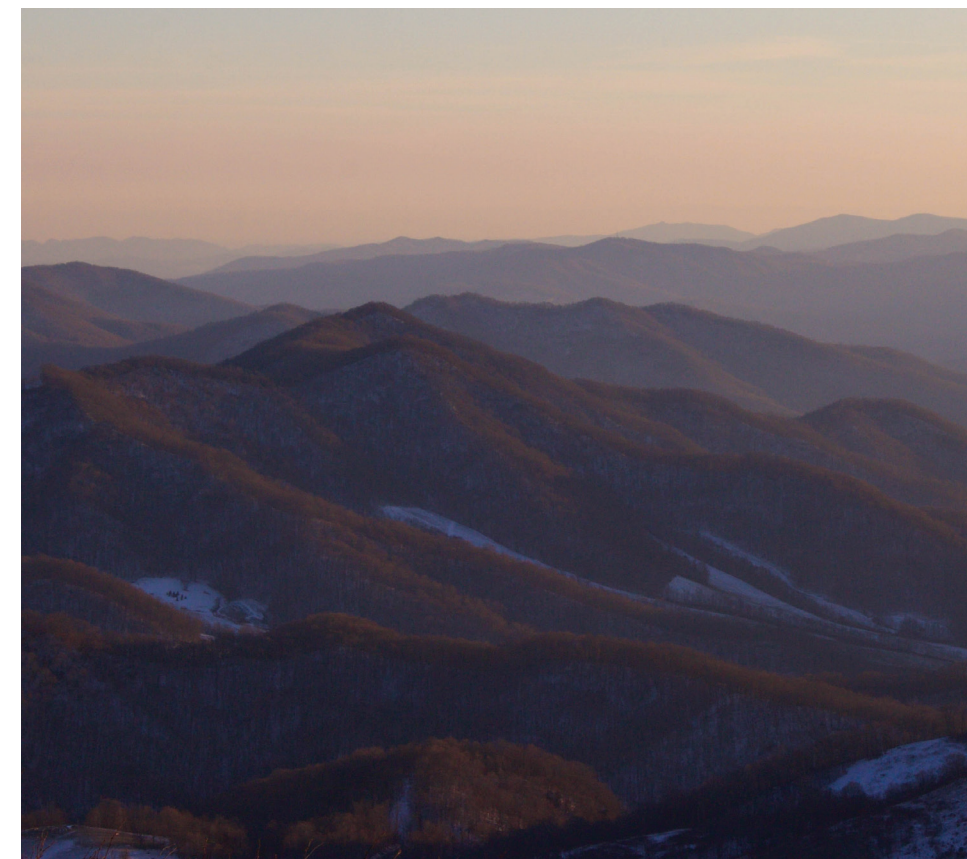
Currently, the 4.6-mile Sewanee-Monteagle section of the trail begins in Sewanee, Tenn., and ends at Mountain Outfitters in Monteagle, Tenn. A new 3-mile segment connects Tracy City Elementary School to downtown Tracy City.

The Mountain Goat Trail Alliance, a nonprofit organization, is working to complete the entire 40-mile trail, retracing the railroad's former route from Cowan to Palmer.
MountainGoatTrail.org

CHEROKEE NATIONAL FOREST

Visitor Center: Ocoee Ranger District Office
Hours: 8 am - 4:30 pm / Mon-Fri
3171 Hwy. 64, Benton, TN | 423-338-3300
Fs.usda.gov

The Cherokee National Forest is comprised of four ranger districts: the Ocoee, Tellico, Unaka, and Watauga. The Ocoee Ranger District (94,628 acres) in Southeast Tennessee is the southernmost district in the forest. It includes the following areas: Chilhowee Recreation Area, Rock Creek Gorge Scenic Area, Little Frog Wilderness Area, Big Frog Wilderness Area, and Cohutta Wilderness Area. This section of the forest offers camping, boating, hiking, biking, horseback riding, whitewater rafting, kayaking, picnicking, and swimming.





HISTORIC PARKS & STATE FORESTS

Chickamauga & Chattanooga National Military Park

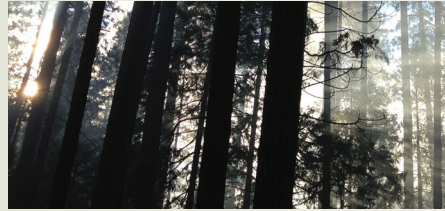
3370 Lafayette Rd., Fort Oglethorpe, GA
706-866-9241
The oldest and largest of America's Civil War parks.
nps.org

Moccasin Bend National Archaeological District

Moccasin Bend Rd., Chattanooga, TN | 423-648-5623
nps.org
A 750-acre historic park features two trails: the Brown's Ferry Federal Road Trailhead and the Blue Blazes Hiking Trail.

Red Clay State Historic Park

1140 Red Clay Park Rd. SW, Cleveland, TN
423-478-0339
Tnstateparks.com
This former capital of the Cherokee Nation is today a historic park that features a museum, replicas of Cherokee structures, the Eternal Flame, and a loop trail that passes the sacred Blue Hole Springs.



Bledsoe State Forest

310 Firetower Rd., Sewanee, TN | 615-202-9393
This forest is used for hunting and small amounts of fishing. Some hiking and horesback riding occur on the 8,274 acre Cumberland Plateau forest.

Franklin State Forest

310 Firetower Rd., Sewanee, TN | 615-202-9393
The forest offers 20 miles of marked trails for hiking, bird watching, mountain biking, horseback riding and hunting on the Cumberland Plateau.

Prentice Cooper State Forest

Office: Suck Creek Drive on Suck Creek Mtn., Chattanooga, TN
423-658-5551
tn.gov
Prentice Cooper State Forest protects nearly 26,000 acres and highlights the spectacular Tennessee River Gorge along the Tennessee River. Recreation activities include hiking, rock climbing, camping, horseback riding, mountain biking and hunting. The forest offers 35 miles of hiking on three main trails: the 12-mile Pot Point Loop Trail, the 10-mile Mullen's Cove Loop Trail, and a 14-mile section of the Cumberland Trail. The section of Prentice Cooper east of Highway 27 is a designated Wildlife Management Area, managed in cooperation with the Tennessee Wildlife Resources Agency for deer, turkey, raccoon, squirrel and several nongame species. Call or check the website for hunting closure dates before visiting

Hidden Hills Farm & Saddle

5900 Edgemon Rd., Ooltewah, TN | 423-488-3993
Hiddenhillsfarm.com
A 500-acre family farm offering boarding, riding lessons, guided trail rides, horse shows and events.

Ocoee Horseride

515 Old Bacon Rd. NE, Charleston, TN
423-432-2376
Ocoeehorseride.com
Privately owned ranch offering guided horseback trail rides for all ages and experience levels.

Tennessee Dude & Guest Ranch

1050 Ray Hixson Rd., Dunlap, TN | 423-554-4677
Tnhorsevacation.com
Enjoy dude ranch stays, farm stays and horseback riding adventures in the beautiful Sequatchie Valley.

HORSEBACK RIDING



Blanche Manor

160 Blanche Manor Ln., Copperhill, TN
706-455-7433
Blanchemanor.com
Explore the mountains by saddle any time during the year.

Fall Creek Falls Riding Stables

2532 Archie Rhinehart Pkwy., Spencer, TN
931-946-1969
fallcreekfallsridingstables.com
Two-mile guided rides available, as well as trail rides (with reservations). March-November.

Appalachian Bee Farm

1943 Old Federal Rd., Ocoee, TN | 423-338-1149
Honeybeesrock.com
Producing 100 percent pure raw unfiltered artisan honeys and hone products, as well as natural skincare products. Visit the farm, sample products, peek at the observation hike, and learn more about honeybees. Call for tour information.

Guthrie Pumpkin Farm & Corn Maze

490 County Rd. 67, Riceville, TN | 423-650-2939
guthriepumpkinfarm.com
Bring the family for fun farm activities including a hayride, corn maze, petting barn, and more.

Mayfield Dairy Farm Park

257 TN-307, Athens, TN | 423-746-9859
mayfieldfarmpark.com
Dedicated to providing genuine, fall family fun for all ages with 40 acres of safe, old fashioned attractions.

Ocoee Valley Farms

1371 Hwy. 64, Benton, TN
423-650-0710
ocoeevalleyfarms.com
Come pick sunflowers, cosmos, zinnias, and pumpkins. Experience the 8-acre corn maze and other attractions for the whole family.

River Maze - Ocoee Valley Farms

1371 Hwy. 64, Benton, TN
423-650-0710
Therivermaze.com
Corn maze, pumpkin patch, hayrides and more.

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ENJOY THE VIEW: THE BEST OVERLOOKS IN SOUTHEAST TENNESSEE

Southeast Tennessee is one of the most beautiful regions in the country, anytime of year. With a landscape featuring mountains, valleys, natural rock formations, waterfalls and more, there's something to see in every season. Here are eight local overlooks in the region to enjoy any time of year.

1. GREAT STONE DOOR AT SOUTH CUMBERLAND STATE PARK

Park boasts almost 26,000 acres of land for hiking and backcountry camping, but perhaps it's best-known for the Great Stone Door, a cliff line overlooking the Savage Gulf. It draws its name from a crack in the cliff that runs from top to bottom, looking like a door left slightly ajar. The Great Stone Door is one of many ways to access the gulf below. The trails provide great wildflower hunting in the spring and summer.

2. SEQUATCHIE VALLEY

Take in the splendor of the Sequatchie Valley from an overlook located on Tennessee Highway 111 North. From the pull-off, you'll see the narrow valley below and the bluffs on the opposite side that comprise the Cumberland Plateau.

3. CHILHOWEE OVERLOOKS IN CHEROKEE NATIONAL FOREST

Three overlooks grace the 7-mile drive to the Chilhowee Recreation Area along the Ocoee Scenic Byway. All three offer expansive views of the Appalachian Mountains and Parksville Lake. Chilhowee is also a great area to camp, hike, swim and bike.

4. POINT PARK ON LOOKOUT MOUNTAIN

Only a few minutes from downtown Chattanooga, Point Park offers a beautiful view of the Scenic City and Moccasin Bend. The park sits at an elevation of 2,135 feet above the city and includes a paved walking path that takes visitors by historic tablets, monuments, Confederate artillery and the scenic overlook. Admission is charged most days of the year.

5. SIGNAL POINT - SIGNAL MOUNTAIN

Signal Point overlooks the Tennessee River that divides Signal and Raccoon Mountains. Union soldiers used Signal Point to communicate during the Civil War. Today Signal Point is a popular hiking destination. In addition to scenic views of the Tennessee River, Signal Point is an access point for the Cumberland Trail, which stretches several hundred miles across the Cumberland Plateau. There is parking at the overlook and a covered picnic table to have lunch with a view.



Hwy. 111 Sequatchie Valley Overlook

6. SNOOPERS ROCK - TENNESSEE RIVER GORGE

The Snoopers Rock Trail features several beautiful overlooks and, during the spring and summer, beautiful wildflowers. It's also a great area for hiking, birding and walking.

7. BIG BEND

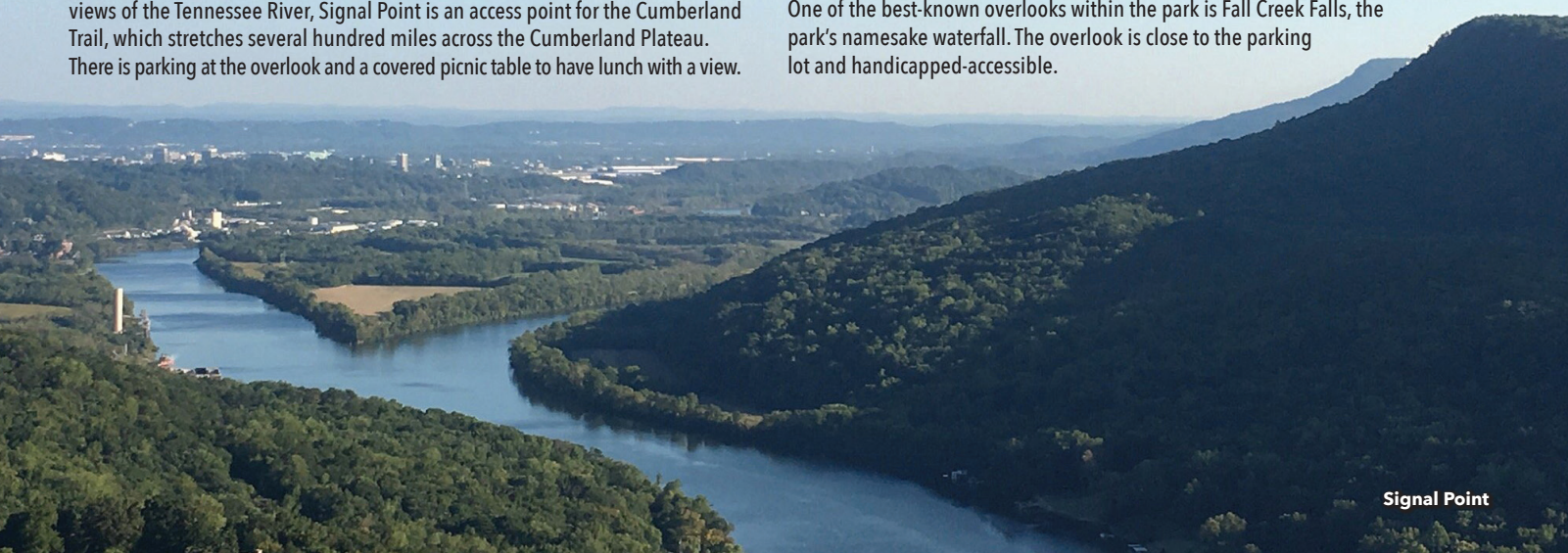
Located within the Cherokee National Forest near Reliance, Tenn., Big Bend overlook on Hood Mountain provides stunning views of the upper section of the Hiwassee River. From Reliance, cross the bridge and follow Childers Creek Road to Powerhouse Road to Big Bend Recreation Area parking.

8. FOSTER FALLS AT SOUTH CUMBERLAND STATE PARK

Foster Falls is part of South Cumberland State Park and is located along the Fiery Gizzard Trail, which is one of the best-known trails in the state, region and even the nation among hiking enthusiasts. The biggest plus of Foster Falls, besides its beauty, is the fact that it's handicapped-accessible because the overlook is so close to the parking area.

9. FALL CREEK FALLS STATE PARK

One of the best-known overlooks within the park is Fall Creek Falls, the park's namesake waterfall. The overlook is close to the parking lot and handicapped-accessible.



Signal Point



URBAN PARKS & TRAILS

Armstrong Ferry Recreation Area
6450 Armstrong Ferry Rd., Decatur, TN
423-618-3715

Audubon Acres
900 N. Sanctuary Rd., Chattanooga, TN | 423-892-1499
Chattanoogaaudubon.org

Brainerd Levee Trailhead
Trailheads @ Shallowford Rd. and Camp Jordan Park
City of Chattanooga Parks | 423-425-6311
Outdoorchattanooga.com

Camp Jordan
323 Camp Jordan Pkwy., East Ridge, TN
423-463-4391
Eastridgeparksandrec.com

Chester Frost Park
2277 N. Gold Point Cir., Hixson, TN
423-209-6894
parks.hamiltontn.gov

Cleveland/Bradley Co. Greenway
2487 Keith St. NW, Cleveland, TN | 423-479-4129
Cbcgreenway.com

Coolidge Park
150 River St., Chattanooga, TN | 423-643-6311
Chattanooga.gov

Enterprise South Nature Park
190 Still Hollow Ln., Chattanooga, TN
423-209-5350
parks.hamiltontn.gov

Eureka Trail
1400 E. Madison Ave., Athens to Engelwood, TN
423-744-2700
Cityofathenstn.com

Greenway Farms
5051 Gann Store Rd., Hixson, TN | 423-643-6311
Northchick.org

Harris Park
245 Cedar St.
Dunlap, TN

Stringer's Ridge
Trailheads @ Spears Ave. and Bell Ave.,
Chattanooga, TN
423-643-6888
Chattanooga.gov

Tennessee Riverwalk
Paved greenway stretches 16 miles from Chickamauga
Dam through downtown Chattanooga to the base of
Lookout Mountain, and from downtown to Camp Jordan.
423-209-5370
Parks.hamiltontn.gov

Walnut Street Pedestrian Bridge
1 Walnut St., Chattanooga, TN | 423-643-6311
walnutstreetbridge.com



Splash Pad
Harris Park, Dunlap

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423.836.6681

www.HiwasseeRiverEvents.com



GARDENS

Delano Daylilies

153 County Rd. 854, Delano, TN | 423-263-9323
Four acres with over 1,400 varieties of daylilies during bloom season. (May-July)

Ponds & Plants

1668 Rhea County Hwy., Dayton, TN | 423-570-1234
Pondsnplants.com
Nature and art collide at this unique venue that includes wildlife exhibits, sculpture gardens and a natural playscape. Admission fee

Reflection Riding Arboretum & Nature Center

400 Garden Rd., Chattanooga, TN | 423-821-1160
Reflectionriding.org
Visit the arboretum to enjoy walking trails, wildlife exhibits, the Discovery Forest Treehouse, educational programs and paddling on Lookout Creek. Admission fee.



Reflection Riding

Sunshine Hollow

198 County Rd. 52, Athens, TN | 423-745-2936
Sunshinehollow.com
Visit the nursery and display gardens to enjoy 1,750 varieties of daylilies, dahlias, roses and hostas. Enjoy bakery treats at Sunshine Hollow Bakery.



Reflection Riding

OFF-ROAD MOTORCYCLE FUN

Adventure Off-Road Park

1040 Ellis Cove Rd., South Pittsburg, TN
423-582-7060
Adventureoffroadpark.com
A 500-acre private property offering off-road experiences on more than 120 trails with a variety of difficulty levels. Camping available.

Aetna Mountain Adventures

319 West Hills Dr., Chattanooga, TN
423-933-2198
sfwda.org
Chattanooga's #1 off-roading outdoor adventure park

Trials Training Center

300 Woodland Rd., Sequatchie, TN | 423-942-8688
Trialstrainingcenter.com
A motorcycle vacation destination offering training to improve riding skills and techniques.



CAVES & ROCKS

Raccoon Mountain Caverns & Campground

319 West Hills Dr., Chattanooga, TN
423-821-9403
Raccoonmountain.com
More than 5 1/2 miles of cavern passageways to explore. Wild cave tours available.

Rock City Gardens

1400 Patten Rd., Lookout Mountain, GA
706-820-2531
Seerockcity.com
This boulder paradise features massive ancient rock formations, gardens with over 400 native plant species, and breathtaking "See 7 States" views.

Ruby Falls

1720 S. Scenic Hwy., Lookout Mtn., TN
423-821-2544
Rubyfalls.com
See a 145-foot high underground waterfall in Chattanooga's most historic cave destination.



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ZIPLINES & SOARING

Bigfoot Adventure TN Zipline

514 Brawley Rd., Tracy City, TN | 931-488-8652
bigfootadventuretn.com

Chattanooga Skydiving Company

300 Airport Rd., Jasper, TN | 855-776-5867
chattanoogaskydivingcompany.com
Tandem skydiving instruction in the beautiful Sequatchie Valley.

Chilhowee Gliderport

8261 US-411 N., Benton, TN | 423-338-2000
chilhowee.com
Motorless flight over the beautiful Tennessee countryside.

Flying Camp Paragliding

1692 Window Rock Rd, Dunlap, TN | 423-355-1477
flying.camp
Paragliding tandem flights, instruction and equipment sales in the Sequatchie Valley. Seasonal operations from April to October with flying almost every day.

Lookout Mountain Flight Park

7201 Scenic Hwy., Rising Fawn, GA | 706-383-1292
flylookout.com
Hang gliding resort and school at the base of Lookout Mtn.

Ocoee River Basin Canopy Tours

@ Wildwater LTD
5000 US-64 W, Ducktown, TN | 423-548-5100
wildwaterrafting.com
Nine zip line sections and three swinging sky bridges



on this fully wooded canopy tour.

Ocoee Ziplines & Canopy Tours @ Raft One

4599 US-64, Copperhill, TN | 888-723-8663
ocoeeziplines.com
More than a mile of cable racing through the Cherokee National Forest.

Ruby Falls ZIPStream Aerial Adventure

1720 Scenic Hwy., Chattanooga, TN | 423-821-2544
rubyfalls.com
Suspended obstacle course, zip line adventure and

climbing tower.

Tennessee Tree Toppers

1570 Window Rock Rd., Dunlap, TN
tennesseetreetoppers.net
Launch site for hang gliding flights.

Canopy Challenge Course at Fall Creek Falls

1997 Village Camp Rd., Spencer, TN | 615-499-5779
challengefcf.com
Zip line and ropes course near Fall Creek Falls State Park.



DISC GOLF

Athens Regional Park Disc Golf Course

18-hole course
2405 Decatur Pike, Athens, TN | 423-744-2404

9 on Top Disc Golf Course

9-hole course over some challenging terrain
1836 Taft Hwy., Signal Mountain, TN | 423-505-5605

Camp Jordan Disc Golf Course

19-hole course
323 Camp Jordan Pkwy., East Ridge, TN
423-490-0078

Carver Rec Center Disc Golf Course

9-hole course
600 N. Orchard Knob Ave., Chattanooga, TN
423-697-1280

Johnston Woods Retreat Disc Golf Course

9-hole course (Private - reservations required)
298 Brymer Creek Rd., McDonald, TN | 423-476-5586
johnstonwoods.org

Portland Park Disc Golf Course

9-hole course
98 Weeks St., Chattanooga, TN
423-309-1685



Shepherd Recreation Center Disc Golf Course

9-hole course
2124 Shepherd Rd., Chattanooga, TN
423-855-2697

Southern Adventist University Disc Golf Course

14-hole course
4881 Taylor Cir., Collegedale, TN | 423-236-2850

The Sinks Disc Golf Course

18-hole course
4502 N. Access Rd., Chattanooga, TN
423-309-1685

Valley Fest Disc Golf Course

9-hole course
292 Pine St., Dunlap, TN
423-949-7608



DOG PARKS

Chattanooga Chew Chew Canine Park

1801 Carter St., Chattanooga, TN
423-757-2076

Play Wash Pint

113 Johnson St., Chattanooga, TN
423-643-2275

Greenway Farms Dog Park

5051 Gann Store Rd., Hixson, TN
Northchick.org

Collegedale Dog Park

5225 Tallant Rd., Ooltewah, TN

Red Bank Dog Park

@ White Oak Park
798 Ben Miller Pkwy., Red Bank, TN
423-877-1103

Soddy-Daisy Dog Park

@ Soddy Daisy Veterans Park
9009 Dayton Pike, Soddy-Daisy, TN
423-332-5323

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boltfarmtreehouse.com





WATERFALL WONDER IN SOUTHEAST TENNESSEE

Rivers, creeks, and waterfalls are part of Southeast Tennessee's natural charm, and there's just no better way to experience the region's lush landscape than by sitting on a boulder in the misty realm of a waterfall or hiking along a cascading creek to a breathtaking waterfall.



Find your waterfall adventure with the Waterfall Wonder Guide, produced by the Southeast Tennessee Tourism Association.

The guide features 16 of the most scenic and accessible waterfalls on public lands in the greater Chattanooga area, including spectacular waterfalls in South Cumberland State Park, the Cherokee National Forest, Cumberland Trail State Park, and Fall Creek Falls State Park.

Of course, please use caution when visiting any of the region's waterfalls. Be sure to wear stable shoes and avoid slippery rocks or crossing in dangerous places and keep children safe distances from dangerous ledges.

Download the Waterfall Wonder Guide at: SoutheastTennessee.com or pick up a guide at Outdoor Chattanooga, the Chattanooga Airport or one of the region's Tennessee Welcome Centers.

WATERFALL WONDER IN SOUTHEAST TENNESSEE

Travel
SoutheastTennessee.com

CYCLING



Photo: Velo View Bike Tours

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Morrison 5248 Manchester Hwy 931-668-7920	McMinnville Downtown 101 W. Main St 931-473-5561	McMinnville Plaza 1100 Smithville Hwy, Ste. 700 931-507-2265	Palmer 711 Main St 931-779-3288	Pikeville 3468 N. Main St 423-447-2107	Signal Mtn 1306 Taft Hwy 423-886-2868	Soddy-Daisy 8575 Dayton Pike 423-332-7110
South Pittsburg 402 N. Cedar Ave 423-837-8645	Spencer 489 Spring St 931-946-2400	Tracy City 26 Colyar St 931-592-9221	Tracy City Depot 481 Railroad St 931-592-2741	Tullahoma 501 West Lincoln Street 931-393-5536	Tullahoma Downtown 201 North Jackson St 931-455-3488	Whitwell 14087 Hwy 28 423-658-5880

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LOCAL BIKE SHOPS

Battlefield Outdoors
2871 Lafayette Rd, Fort Oglethorpe, GA
706-841-0040
battlefield-outdoors.com

Owen Cyclery
1920 Northpoint Blvd., Hixson, TN
423-875-6811
owencyclery.com

Trailhead Bicycle Co.
225 1st St. NE, Cleveland, TN
423-472-9899
trailheadbicycle.com

East Ridge Bicycles
5910 Ringgold Rd., Chattanooga, TN
423-894-9122
eastridgebicycles.net

Scott's Bicycle Centre
2544 Georgetown Rd. NW, Cleveland, TN
423-472-9881
scottsbikes.co

Trek Store Chattanooga
307 Manufacturers Rd. #117, Chattanooga, TN
423-648-2100
trekstorechattanooga.com

Suck Creek Cycle
630 W Bell Ave., Chattanooga, TN
423-266-8883
suckcreek.com



USBR 21, BIKE ROUTE FROM KENTUCKY TO CHATTANOOGA

A new U.S. Bicycle Route designated trail in Tennessee will take cyclists from the Kentucky border, through Knoxville and into Chattanooga.

The trail will be the second in Tennessee to be designated on the U.S. Bicycle Route System, the Adventure Cycling Association announced Wednesday. In addition, another route starting in Memphis and going into Arkansas joined the system. This route will be the first designated U.S. Bicycle Route in Arkansas. The U.S. Bicycle Route System is a network of numbered and signed routes that use existing roads, trails, and more to allow bike travel across the country. The network is growing with the goal of encompassing 50,000 miles of routes allowing for cross-country travel, regional touring, and commuting by bike according to the Adventure Cycling Association.

Tennessee's new route, USBR 21, begins in Cumberland Gap National Historical Park on the Kentucky border and continues through the Tennessee River Valley to Chattanooga and the Georgia border, linking Cleveland to Atlanta. Cyclists



on the route will round Norris Lake, visit Knoxville, pass the Great Smoky Mountains National Park, and cross the east side of Chickamauga Lake. In total, the route is 250.4 miles.

Find this new route and other Tennessee bike routes at ridewithgps.com/routes



MOUNTAIN BIKING

There are over 75 miles of single-track heaven in Southeast Tennessee within 30 minutes of downtown Chattanooga. Visit www.mtbproject.com for route details.

Stringers Ridge

5 miles of intermediate single-track trail. Primary Trailhead @ Spears Ave. and Bell Ave. Chattanooga, TN | 423-425-6311

Raccoon Mountain

24 miles of mixed-level single-track trail with some challenging technical sections.

- **Laurel Point Trailhead**
Electric Ave Two, Chattanooga, TN
- **Overlook**
3800 Raccoon Mountain Dr., Chattanooga, TN

Booker T. Washington State Park

6 miles of single-track trail, all intermediate. 5801 Champions Rd., Chattanooga, TN 423-894-4955

Harrison Bay State Park

4 miles of easy single-track trail. 8411 Harrison Bay Rd., Harrison, TN 423-344-6214

Enterprise South Nature Park

10 miles of single-track trail, mostly easy with some intermediate-level. 8015 Volkswagen Dr., Chattanooga, TN 423-893-3500

Collegedale/Southern Adventist University Trailheads:

19 miles of single-track trail split between two parks - White Oak Mountain and Bauxite - with something for all skill levels.

- **White Oak**
4707 Morningside Dr, Collegedale, TN
- **Bauxite**
College Dr. (near Collegedale Memorial Park Cemetery), Collegedale, TN

Johnston Woods Trail System

4 miles of easy trail. 298 Brymer Creek Rd., McDonald, TN 423-476-5586

Guild-Hardy Trail

498 Ochs Hwy, Chattanooga, TN Following the path of a former railroad bed, this relatively easy double-track trail begins on Ochs Hwy and wraps around Lookout Mountain to the John Smart/Jackson Gap trail.

Chilhowee Recreation Area - Cherokee National Forest

12 miles of mixed-level single-track trail. Ocoee Ranger Station, Benton, TN | 423-338-3300

Tanasi Trail System @ the Ocoee Whitewater Center Cherokee National Forest

30 miles of mostly easy and intermediate single-track trail. The Tanasi Trail System has been designated by the International Mountain Bike Association as "Hall of Fame Epic." 4400 US-64, Copperhill, TN | 423-496-0100



FAMILY-FRIENDLY CYCLING IN THE CHATTANOOGA REGION

Looking for a safe place to take the family for a bike ride?

Southeast Tennessee has plenty of car-free recreation paths that are perfect for a leisurely bike ride without having to worry about traffic.



Chattanooga Riverwalk

The most popular rec path in the region is the 13-mile Chattanooga Riverwalk, which follows the Tennessee River from the Chickamauga Dam all the way to the foot of Lookout Mountain. The Riverwalk also provides access to the South Chickamauga Creek Greenway, which provides another 3.5 miles of scenic cycling alongside the creek.

Brainerd Levee

Trailheads @ Shallowford Rd. and Camp Jordan Park City of Chattanooga Parks | 423-425-6311 This path is 5.5 miles from the trailhead at Shallowford Road in Brainerd to Camp Jordan Park in East Ridge. The trail is gravel for 3.5 miles and paved for 2 miles.

Cleveland/Bradley County Greenway

This beautiful Greenway runs through central Cleveland for four miles with no street crossings and is lighted 24/7, making it an excellent option for exploring the city by bike. 2487 Keith St. NW, Cleveland, TN

Mountain Goat Trail

mountaingoattrail.org The Mountain Goat Trail is a multi-modal rail-trail in Tennessee's South Cumberland that connects communities along the historic path of the Mountain Goat Railroad (1856-1985). A 5-mile section of trail runs from Sewanee to Monteagle. Park in Sewanee at the gravel lot on Highway 41A at Hawkins Lane. In Monteagle, park at Mountain Outfitters to access the trail.) Also, the Mountain Goat Trail in Sewanee is part of the 20+ mile Perimeter Trail around the University Domain, which is why it's labeled that way on Google Maps. A 3.5-mile section of trail in Tracy City can be accessed from Tracy City Old Roundhouse Park and Tracy City Elementary School.

Eureka Trail

1400 E. Madison Ave., Athens to Engelwood, TN | 423-744-2702 Cityofathenstn.com/trails/eureka Following a former railroad bed, this gravel trail winds nearly 5 miles through the woods and rural landscape before ending at the outskirts of Engelwood, Tenn.



GRAVEL BIKING

Southeast Tennessee has plenty of off-the-beaten path gravel roads, but the greatest concentration (and the best place for gravel grinding adventure) can be found in the Cherokee National Forest (about an hour from downtown Chattanooga). There are numerous places to enter the forest, but here are a couple of options for parking.

Cherokee National Forest
Thunder Rock Recreational Area
3171 Hwy 64 | 423-338-3300
Provides access to:
Forest Road 45 & Forest Road 221

Cherokee National Forest
Sugar Loaf Boat Ramp
Sugar Loaf Road
Provides access to: Forest Road 55 and 302

Eureka Trail
1400 E. Madison Ave., Athens to Engelwood, TN | 423-744-2702
Cityofathenstn.com/trails/eureka
Following a former railroad bed, this gravel trail winds nearly 5 miles through the woods and rural landscape before ending at the outskirts of Englewood, Tenn.

Brainerd Levee
Trailheads @ Shallowford Rd. and Camp Jordan Park
City of Chattanooga Parks | 423-425-6311
Outdoorchattanooga.com/land/brainerd-levee-camp-jordan-2
The greenway that runs atop the Brainerd Levee is an easy ride for beginners and families. The trail is 5.5 miles from the trailhead at Shallowford Road in Brainerd to Camp Jordan Park in East Ridge. The trail is gravel for 3.5 miles and paved for 2 miles.



VELO VIEW BIKE TOURS



Celeste Cyr & Shannon Burke

Shannon Burke and Celeste Cyr of Velo View Bike Tours relocated from Austin, Texas to Chattanooga in 2016 in large part to have access to the incredible variety of scenic road, gravel and mountain bike routes available in the Chattanooga region. While their bike tour business continues to offer tours all over the country, the focus has shifted to offering more regional tours that showcase the unique beauty of southeast Tennessee.

Since its founding in 2012, Velo View Bike Tours has specialized in personalized bike vacations for small groups, with all-inclusive, fully supported bike tours. In addition to these pre-scheduled vacation packages, they also offer "build-your-own" custom tour options, which allow cyclists to choose their own distances, destinations and level of the support rather than buying a pre-set package. These custom options are a new service Velo View is offering, made possible by the number of amazing cycling choices so close to their new home base in Chattanooga.

For more information, check out their website at www.veloviewbiketours.com or call 423-834-8388.

Exploring the Past



National Medal of Honor Heritage Center, Downtown Chattanooga

The Charles H. Coolidge National Medal of Honor Heritage Center memorializes the history of our nation's highest military award for valor, and the recipients who demonstrated the six characteristics of Patriotism, Citizenship, Courage, Integrity, Sacrifice, and Commitment. Chattanooga is home to the first Medal of Honor awarded and where visitors can experience the powerful stories of ordinary people accomplishing extraordinary feats. The Medal of Honor Heritage Center is located downtown in Chattanooga at 2 W. Aquarium Way, Suite 104, Chattanooga, TN, and is open seven days a week. For more information, visit mohhc.org.

SOUTHEAST TENNESSEE MINING TRAIL



Coke Ovens @ Grundy Lakes State Park - Tracy City

Various mining, quarrying, iron and copper production and metal manufacturing industries once formed the backbone of the economy in Southeast Tennessee. These intriguing sites include coal and copper

mines, coke ovens, iron works and foundries, and transportation corridors. Download the detailed Mining History Trail at www.SoutheastTennessee.com to learn more about these historic mining industries and their significant impact on communities and the natural landscape.

Ducktown Basin Museum

212 Burra Burra St., Ducktown, TN | 423-496-5778
Ducktownbasinmuseum.com
 Journey through 150 years of copper mining history in the region. Admission fee.

RAILROAD HISTORY

Tennessee railroads date back to 1845 when the Nashville & Chattanooga Railroad was chartered to connect its namesake cities. Explore Tennessee's fascinating history with trains at the following sites in the region.

Etowah Railroad Depot & Museum

727 Tennessee Ave., Etowah, TN | 423-263-7840
Tennesseeoverhill.com
 Listed on the National Register of historic places, this two-story Victorian-style railroad station was the first building erected in Etowah. Exhibits include the history of the Old Line Railroad, built in 1890. Purchase tickets here for the Hiwassee River Rail Adventure.

Hiwassee River Rail Adventure

9406 Hwy. 411, Delano, TN
 423-894-8028
tvrail.com
 Climb on board a restored vintage passenger train for a ride through the beautiful Hiwassee River Gorge and over the famous Hiwassee Rail Loop. Trains run April-November offering standard coach seating and luxury seats in the dome car. Choose from two trip options - the Hiwassee River Loop Trip (half-day) and the Copperhill Special (full day). Call for information about popular holiday excursions.

Dunlap Coke Ovens Park & Museum

Mountain View Cir., Dunlap, TN | 423-949-2156
Cokeovens.com
 Explore this 88-acre park and its coke ovens. The museum features the history of coal mining and coke production in the region.

Marion County Coal Miners Museum

900 Main St. S., Whitwell, TN
 423-658-6868
Coalminersmuseum.com
 This one-of-a-kind coal mining museum is filled with objects and stories that mark more than a century of coal mining in the Whitwell community.

Niota TN Southern RR Depot

201 E. Main St., Niota, TN | 423-568-2584
 Constructed from handmade bricks in 1853, the Niota Depot is the oldest remaining pre-Civil War railroad in Tennessee. Now used as offices for the Town of Niota, the depot is open for tours during business hours.



CHILDREN'S HOLOCAUST MEMORIAL

@ Whitwell Middle School

1 Butterfly Ln., Whitwell, TN | 423-658-5635
Whitwellmiddleschool.org

Whitwell Middle School is home to one of the world's most profound memorials to the Holocaust victims of Nazi Germany, the Children's Holocaust Memorial. The memorial, which opened in 2001, features an authentic German rail car that was once used to transport detainees to Nazi death camps. Thirty-million paper clips are encased with the railcar, along with letters and mementos sent from around the world, to honor the memory of the millions of people who were murdered during the Holocaust. This memorial project was featured in the 2004 documentary, *Paper Clips*.

Student-led tours are offered on Friday mornings when school is in session. To book a tour, visit www.whitwellmiddleschool.org or email lhooper@mctns.net. Self-guided tours are also available. Visitors may gain access by picking up a key from Castle's Grocery at 13563 Hwy. 28 between 9 am-5 pm Central. The store can be reached at 423-658-6542.



CIVIL WAR HISTORY

The Chickamauga-Chattanooga National Military Park, located in northern Georgia and eastern Tennessee, preserves the sites of two major battles of the American Civil War: The Battle of Chickamauga and The Battles for Chattanooga. Established in 1895 through the efforts of Civil War veterans from both north and south, the park is the oldest and largest military park in the nation. The military park consists of four main areas: Chickamauga Battlefield, Missionary Ridge, Lookout Mountain Battlefield / Point Park, and Moccasin Bend.

Chickamauga & Chattanooga National Military Park Visitor Center

3370 LaFayette Rd., Fort Oglethorpe, GA
 706-866-9241
Nps.gov/chch
 The Battle of Chickamauga takes its name from West Chickamauga Creek, which meanders through northwest Georgia and into the Chattanooga area. Union and Confederate troops fought the Battle of Chickamauga on September 18-20, 1863. Although the Confederates were technically the victors, driving Union troops to Chattanooga, they did not achieve their objective of restoring Confederate control of East Tennessee. The battle caused the second-highest number of deaths in the Civil War: 34,000 Union and Confederate casualties.

The park's visitor center features interpretive exhibits, a book store, an artillery display, and a multi-media program about the battle. The 5,200-acre battlefield park contains hundreds of monuments, interpretive tablets, wayside exhibits, and hiking and biking trails.

Point Park

110 Point Park Rd., Lookout Mountain, TN
 706-866-9241
 Point Park is a 10-acre memorial park that overlooks the Lookout Mountain Battlefield and Chattanooga. In December 1863, a photographer from Ohio, Robert "Royan" M. Linn, established a photo studio at Point Lookout, naming it Gallery Point Lookout. He and his brother, J. Birney Linn, took hundreds of photos of Union officers, soldiers and civilians posing at Point Lookout and nearby Umbrella Rock.

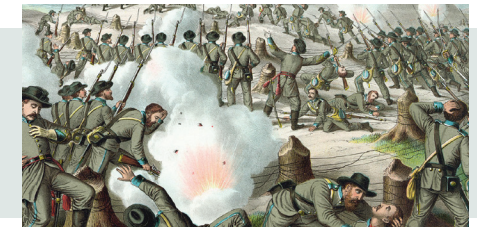
Point Park features a paved walking trail that highlights historic tablets, monuments and scenic overlooks. The largest monument in Point Park is the New York Peace Memorial, which was erected by the state of New York as a tribute to peace and reconciliation between Union and Confederate veterans after the war. The Ochs Memorial Observatory features exhibits, photographs and overlooks of Chattanooga and the Tennessee River. Admission fee.



Point Park

Lookout Mountain Battlefield - Visitor Center

110 Point Park Rd., Lookout Mtn., TN
 706-866-9241
 After the Confederate victory at Chickamauga, troops occupied Lookout Mountain, where they could peer down upon and watch Union activities in Chattanooga. On November 24, 1863, Union troops attacked the Confederates and drove them from the mountain during the "Battle Above the Clouds." The following morning, the American flag flew from the mountain's pinnacle. For the rest of the Civil War, Lookout Mountain was a tourist destination for Union soldiers and civilians. A visitor center is located outside Point Park and features exhibits about the Civil War campaign for Chattanooga, including a large painting "The Battle Above the Clouds."



Tennessee Civil War Trails tnvacation.com/civil-war

Civil War sites span across the Southeast region, and we have mapped out over 350 significant places across the state. To learn more, please visit our immersive

website to explore Tennessee's Civil War Trail. Read about people, artifacts, battles, and historic parks significant in the Civil War.

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CHEROKEE HERITAGE

Native American towns and villages thrived for thousands of years along the rivers and within the valleys of Southeast Tennessee. One of the tribes that inhabited the region was the Cherokee, who by 1700 claimed land that included parts of Southeast Tennessee, Alabama, Georgia, South Carolina and North Carolina. However, by 1837, 46,000 Native Americans had been forcibly removed from their lands East of the Mississippi River through what became known as the Trail of Tears.

Despite this tragic chapter in American history, the Cherokee people today live on as a renewed, invigorated nation – and their legacy continues in this region through the natural, historical and cultural landscape. Historically significant sites throughout the region offer a deeper understanding of the cultural heritage of the people who lived in Southeast Tennessee prior to European settlement. Download the guide to Cherokee Heritage in Southeast Tennessee at www.SoutheastTennessee.com to learn more about important historical sites and stories relating to Cherokee history in the region.

Hiwassee River Heritage Center

8746 Hiwassee St., Charleston, TN
423-665-3373

Hiwasseeheritage.com

Discover a compelling story of human spirit and tragic sacrifice at this certified site on the Trail of Tears National Historic Trail. The center also details Charleston's pivotal role in the Civil War, as well as its industrial and agricultural history.

Red Clay State Historic Park

1140 Red Clay Park Rd. SW, Cleveland, TN
423-478-0339

Tnstateparks.com

This site served as the last Eastern Capital of the Cherokee Nation before the Cherokee Removal in 1838.

Cherokee Removal Memorial Park

6615 Blythe Ferry Rd., Birchwood, TN
423-339-2769

CherokeeRemoval.org

View the nation's only Cherokee Removal Memorial and explore the visitor center and grounds, with views of the Tennessee and Hiwassee Rivers.



SoutheastTennessee.com

James Brown Cherokee Plantation

9521 Ooltewah-Georgetown Rd.
Ooltewah, TN

Privately owned. View from street.

James Brown was a Cherokee Supreme Court judge who signed the 1839 Cherokee Constitution. The James Brown house, a Federal-style brick farmhouse, was built sometime between 1826 and 1830.



Cherokee Removal Memorial Park



CHEROKEE HISTORY EXHIBITS AND “VOICES FROM THE PAST” TRAIL AT HIWASSEE RIVER HERITAGE CENTER IN CHARLESTON

The banks of the Hiwassee River in Southeast Tennessee were witness to nationally significant history involving the Trail of Tears and the Civil War. Present-day Charleston, Tenn., was once the site of the federal Indian Agency and eventually Fort Cass, the U.S. military headquarters for the entire Cherokee “Trail of Tears” Removal. The Hiwassee River was also a pivotal crossing point for troop movement in the Civil War, and several officers on both sides of the conflict made Charleston a stop in their operations.

In 2019, the Hiwassee River Heritage Center expanded its footprint and education efforts to include a National Historic Trail experience, exhibits and an education room.

The first segment of Charleston's new National Historic Trail Experience, Voices from the Past, connects the Hiwassee River Heritage Center to Charleston Park. The paved trail features signage with quotes about the Cherokee Removal at Fort Cass from Cherokee people, missionaries and U.S. military figures.

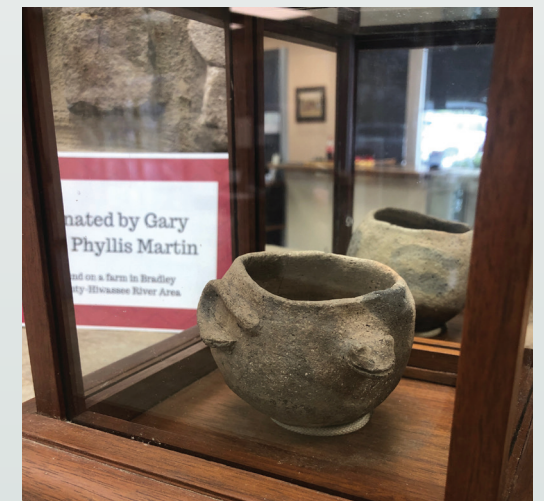
“The trail sets the stage for learning more about the Trail of Tears and bringing the struggle of that time to a personal level,” says Melissa Woody, vice president for Tourism Development of the Cleveland/Bradley Chamber of Commerce and Development Chair for the CCH Historical Society. “Presenting quotes from the people affected by this difficult time in history really brings this story to life and to a relatable place for all of us as human beings.”

The center's new George Robert & Doris Bolen Johnson Exhibit Hall features artifacts that help interpret pre-Cherokee native peoples, Cherokee settlements, the federal Indian Agency, Fort Cass and the Cherokee Removal. The exhibit also examines the area's role in the Civil War, as well as industrialization in the region.

The museum is honored to house artifacts from the region, as well as a special set of images, which are all on loan from the Frank H. McClung Museum of Natural History & Culture at the University of Tennessee at Knoxville. The images feature colorized versions of sketches drawn by Madeline Kneberg, who is known for her work on excavations in the Tennessee Valley beginning in the 1930s. Kneberg was the first female to become a full professor at UT outside of the home economics curriculum and one of the first prominent female archaeologists in the U.S.

The trail experience and the heritage center are two components of a master plan for heritage development in the Charleston and Calhoun communities. The trail will eventually extend beyond Charleston Park to the Hiwassee River, with plans to connect with the Cleveland/Bradley Greenway.

The Hiwassee River Heritage Center, located at 8746 Hiwassee Street in Charleston, serves as an educational resource, welcome center and a gateway to other regional historic sites. For more information, visit HiwasseeHeritage.com.



Updated Trail

The Cherokee Removal Memorial Park in Meigs County has updated their trail. It highlights the beginning of the actual path the Cherokee people took on the Trail of Tears. It's an important place to visit to remember the suffering the Cherokee endured when they were forced to leave their homeland. After visiting the trail, you can go to the Memorial Wall to read the names of those who walked the same path.



EXPLORING THE PAST 60

REGIONAL HISTORY MUSEUMS:

ENGLEWOOD TEXTILE MUSEUM

Englewood Textile Museum

101 S. Niota Rd., Englewood, TN | 423-887-5455
Townofenglewood.com

Explore the history of the region's 1850 textile industry in Englewood.



Grundy County Historical Society Heritage Center

465 Railroad Ave., Tracy City, TN | 931-592-6008

Grundycountyhistory.org

Includes a library and research center, assembly hall, and exhibit hall with artifacts.



International Towing & Recovery Museum

3315 Broad St., Chattanooga, TN | 423-267-3132

Internationaltowingmuseum.org

Tow truck and towing equipment dating back to 1916. Admission fee.



McMinn County Living Heritage Museum

522 W. Madison Ave., Athens, TN | 423-745-0329

Livingheritagemuseum.com

Thirty permanent exhibits, including a recreated log cabin, general store and early doctor's office.



Jasper Regional History Museum

715 Phillips Ave., Jasper, TN | 423-942-2233

tennesseerivervalleygeotourism.org

Offers an exceptional collection of regional artifacts and memorabilia.



SCOPES TRIAL MUSEUM & FESTIVAL

Scopes Trial Museum & Festival

@ the Historic Rhea County Courthouse

1475 Market St., Dayton, TN, | 423-775-7818

rheacountyheritage.com

By far the most celebrated court case in perhaps all of Tennessee history, the Scopes Trial took place in the Rhea County Courthouse in Dayton, Tenn., in 1925.



Museum Center at Five Points

200 Inman St. E, Cleveland, TN | 423-339-5745

Museumcenter.org

Explore the Ocoee region through exhibits, creative programming, local art, and more. Admission fee.



Meigs County Historical Museum

200 Smith Ave., Decatur, TN | 423-334-4424

Meigschs.org

Artifacts and genealogy research material.

SOUTH PITTSBURG Heritage Museum

South Pittsburg Heritage Museum

316 Cedar Ave., South Pittsburg, TN | 423-837-8714

historicsouthpittsburgtn.org

South Pittsburg Historic Preservation Society's museum outlines the city's history.



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423-877-2525 mohhc.org

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